Your Community Directory 2019 2020

Argyle Balmoral Grosse Isle Lake Francis Marquette Rosser
St. Laurent Stonewall Stony Mountain Warren Woodlands

BUSINESS • EDUCATION • HEALTH • CULTURE • ATTRACTIONS

DON'S MECHANICAL Inc.

204-467-2642

Heating
Air Conditioning
Ventilation
Gas Piping

"Installation - Sales - Service for every purpose"

DEPENDABLE PROPANE

A DIVISION OF DON'S MECHANICAL INC.

204-404-7039

Authorized Distributor for bluewave energy

Hydro Financing Available (O.A.C.) VISA/Mastercard Accepted

VISA MasterCard

Natural Gas Electric Propane

RESIDENTIAL • COMMERCIAL
INDUSTRIAL • AGRICULTURAL

CodeRED™

Stonewall Rockwood Emergency Management Board, MB.

CodeRED is a FREE emergency notification service provided to all residents within Stonewall and Rockwood that will notify you of emergency information through phone calls, text messages, emails, social media and the CodeRED Mobile Alert app. The system will be used to keep you informed of local events that may immediately impact your safety. As a local resident, Stonewall and Rockwood encourages you to take action and register your cell phone for this service and verify your home location to receive targeted notifications that directly impact your home or business.

- The CodeRED® system will be used to send critical communications.
- **Privacy** Your contact information remains private and will only be used for community notifications.
- **Join Our Database** To make sure you receive **Town of Stonewall** notifications, go to the Town of Stonewall website to find a quick link to CodeRED at **www.stonewall.ca**
- **Join Our Database** To make sure you receive **RM of Rockwood** notifications, go to the RM of Rockwood website to find a quick link to CodeRED at **www.rockwood.ca**

CodeRED®

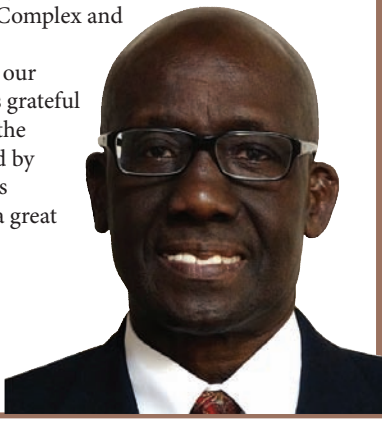
Additionally, CodeRED Mobile Alert app for your hand held devices.
This link will help you quickly and easily download the app.
https://www.onsolve.com/solutions/products/codered/mobile-alert-app/codered-mobile-apps-download/

On behalf of the Council of the Town of Stonewall it is my pleasure to be able to bring greetings on behalf of Stonewall. The Town is a fabulous community that has so much to offer both its residents and visitors alike.

Stonewall is the regional hub for commercial, educational, health and recreational services in south west Interlake. We are fortunate to enjoy professionally administered and highly respected services from a variety of medical service establishments in addition to our modern healthcare facilities. We have excellent day care and school facilities as well our robust commercial core with its successful retail establishments, unique shops and restaurants is a real gem of the community. Finally, our first-class recreation facilities at the Veterans Memorial Sports Complex and Quarry Park are second to none. Stonewall has it all.

As a community we are very proud of our roots and our history. Stonewall celebrates its past achievements, is grateful for its present successes and is very optimistic about the future. Outsiders envy the quality of life experienced by our residents and visitors rave about our community's hospitality. Stonewall truly is a great place to work; a great place to play; Stonewall is a Great Place to call Home.

Mayor Clive Hinds
& Council
Town of Stonewall



From our recreation and festivals, to our community centres that hold an array of local events, everyone's interests are covered. Where else can you find agriculture and colourful nature mixed in with our historic limestone quarries and culture? Our residents are true hosts and volunteers who make up our local communities.

Come for a visit, stay for a lifetime.

Table of Contents

Advertising Index ..... Page 7-10
Utilities ..... Page 12
Local Authorities Board ..... Page 12-19
Public Schools, Private Schools, Hutterian Schools ..... Page 19-21
Daycares ..... Page 21
Continuing Education ..... Page 21
Churches ..... Page 23
Health ..... Page 24 & 26
Support Groups and Resource Centers ..... Page 26, 29-34
Culture, Heritage & Arts ..... Page 34 & 36
Displays and Attractions ..... Page 37-39
Organizations and Service Clubs ..... Page 39-44
Golf Clubs ..... Page 45
Music, Sports & Recreation ..... Page 45-58
Swimming Lessons ..... Page 58
Youth Programs ..... Page 59-60
Business Listings ..... Page 61-66

EMERGENCY

Stonewall – Fire, RCMP, Ambulance 911
Stonewall RCMP – non-emergent 467-5591
Stonewall and District Health Centre 467-5514
Stony Mountain – Fire, RCMP, Ambulance 911
Rosser – Fire, RCMP, Ambulance 911
Warren – Fire, RCMP, Ambulance 911
Lake Francis – Fire, RCMP, Ambulance 911
Warren – Fire, RCMP, Ambulance 911
Woodlands – Fire, RCMP, Ambulance 911
24 Hour Mental Health Crisis Line ..... 1-866-427-8628 or 204-482-5419
Provincial Suicide Line 1-877-435-7170
Domestic Violence Crisis Line 1-877-977-0007
Kids Help Line 1-800-668-6868
Farm and Rural Stress Line 1-866-367-3276

Designed and Printed by Interlake Graphics
74 Patterson Drive, Stonewall, Manitoba, R0C 2Z0
Phone: 204-467-5836 **Advertising:** Stephanie Duncan **Email:** ads@stonewallteulontribune.ca

GREETINGS
from the
Lakeside Constituency

Ralph R. Eichler

Please drop by 319 Main Street, Stonewall or feel free to make an appointment with my office by calling **204-467-9482**

Sincerely,

Ralph R. Eichler

MLA for Lakeside

www.ralpheichler.com

Accommodations
Rockwood Motor Inn ..... Page 56

Agriculture
Marquette Coop..... Page 30

Attractions
Boonstra Farms..... Page 13
Grosse Isle Heritage Site ..... Page 12
Purple Berry Orchard, The Page17
Quarry Park Heritage Arts Centre .. Page 13

Ag Equipment Repair
DMC Diesel ..... Page 14

Antiques
Grandmont Antiques ..... Page 14
The Grande Bazaar ..... Page 31

Auto Repair & Collision
Admiraal Auto Service ..... Page 15
Brake Family Auto Service ..... Page 14
CarStar Collision & Glass Service .... Page 16
DMC Diesel ..... Page 14
Stonewall Tire & Auto Repair ..... Page 15
Warren Esso ..... Page 15

Bakery
Beyond Bread..... Page 17

Beauty & Skincare
Allene's Professional Skincare ..... Page 17

Berry Farms
Boonstra Farms..... Page 13
Purple Berry Orchard, The Page17

Boilers
Firewood Manitoba ..... Page 28
Ritchie & Perron
Plumbing & Heating ..... Page 52

Bulk Petroleum
Marquette Coop..... Page 30

Cabinet Maker
The Original Cabinet Shop ..... Page 17

Candles
The Candle Corner ..... Page 18

Car Wash
Quarry View Esso ..... Page 30

Catering
Danny's Barbeque
& Smokehouse..... Page 44

Chiropractor
Back 2 Health
Chiropractic & Wellness Center .... Page 18
Stonewall Chiropractic Centre..... Page 18
Warren Chiropractic
& Health Centre ..... Page 19

Dentist
Carrington Dental Center ..... Page 19
Quarry Stonewall Dental Centre .... Page 19

Electrical
Electro Wright Contracting ..... Page 20
Pure Electric..... Page 20

Engraving
Doctor Decal ..... Page 58

Beat the Heat!
204-461-HEAT (4328)
• *Air Conditioning*
• *Commercial Refrigeration*
• *HRV* • *Geothermal*
• *Furnaces*
REFRIGERATION HEATING & COOLING
COMMERCIAL COMFORT INC.
Residential & Commercial

Equipment Rentals
G & A Rentals ..... Page 21

Excavating
Northern Terrain ..... Page 22
Rockwood Landscaping
& Tree Service ..... Page 35
Taplin Earthworks Inc. ..... Page 21

Financial Planning
Laura Woodman IA Securities ..... Page 23
Sun Life Financial ..... Page 24

Firewood
Firewood Manitoba ..... Page 28

Fitness
Adrenaline Fitness ..... Page 25
Backcountry Fitness
& Conditioning ..... Page 27

Flooring
Ritz Interiors ..... Page 29

Gas Fitting
Don's Mechanical Inc. ..... Page 2

Gas Station
Marquette Coop ..... Page 30
Quarry View Esso ..... Page 30
Warren Esso ..... Page 15

Giftware
Hallmark ..... Page 49
Something Beautiful ..... Page 31
Stonewall Home Hardware ..... Page 37
Stonewall Pharmacy ..... Page 49
The Grande Bazaar ..... Page 31

Glass Repair & Replacement
Brake Family Auto ..... Page 14
CarStar Collision & Glass Service ..... Page 16
Stonewall Glass ..... Page 32

Golf
Oke Doke's Driving Range ..... Page 54

Greenhouse, Landscaping & Supplies
Jasperson's Greenhouse
& Landscapes ..... Page 34
Rockwood Landscaping
& Tree Service ..... Page 35
Waring Landscape Supply ..... Page 33
Whispering Oaks Greenhouse ..... Page 36

Grocery
Stonewall Family Foods ..... Page 32

Hall Rentals
Grosse Isle Memorial Park
& Rec Club ..... Page 36
Odd Fellows Hall ..... Page 36
Quarry Park Heritage Arts Centre ..... Page 13
Royal Canadian Legion ..... Page 37

Hardware
Stonewall Home Hardware ..... Page 37

Health & Wellness
Back 2 Health
Chiropractic & Wellness ..... Page 18
Guiding Light Services ..... Page 39
Janet's Reflexology ..... Page 39
Juice Plus ..... Page 39
Quarry Physiotherapy an
inMotion Clinic ..... Page 51
Prairie Zen ..... Page 38
Stonewall Chiropractic Centre ..... Page 18
Warren Chiropractic
& Health Centre ..... Page 19
Warren Wellness ..... Page 44
Woodlands Physiotherapy
Services ..... Page 50

Heating, Air Conditioning, & Refrigeration
Commercial Comfort ..... Page 7, 9, 11
Don's Mechanical Inc. ..... Page 2

Home Furnishings & Decor
Quarry Furnishings ..... Page 40
Something Beautiful ..... Page 31
The Grande Bazaar ..... Page 31

Home Improvements
G&A Rentals ..... Page 21
Interlake Insulators ..... Page 42
Mid-Can Door Manufacturing Inc. Page 40
Ritz Interiors ..... Page 29
Roof Express ..... Page 57
No Frost Venting ..... Page 40
Stonewall Glass ..... Page 32
Stonewall Home Hardware ..... Page 37

Ice-Cream
The Kiln Drive-In ..... Page 56

Insulation
Interlake Insulators ..... Page 42

Insurance
Inview Insurance.....Page 42 & 68
One Insurance..... Page 41
Oracheski Financial..... Page 42

Jewellery - Repair & Custom
Elemental Artisans ..... Page 42

Lawyer
Grantham Law Offices ..... Page 43

Marriage Commissioner
Elizabeth Simonson..... Page 43

Markets
Century Farm Country Market..... Page 43

Massage Therapy
Quarry Physiotherapy an
inMotion Clinic..... Page 51
Stonewall Chiropractic Centre..... Page 18
Warren Chiropractic
& Health Centre..... Page 19
Warren Wellness..... Page 44

Meat Products
Danny's Barbeque
& Smokehouse..... Page 44

Mortgage Broker
One Link Mortgage & Financial ..... Page 45

Movers
Fullhouse Movers ..... Page 45

Music Instruction
Keyboard Ventures..... Page 45

Newspaper
Stonewall Teulon Tribune..... Page 46

Optometrist
Doctors Vision Centres ..... Page 46

Pets
Greenhaven Pet Grooming..... Page 48
Quarry Pets ..... Page 47
Sundog Boarding Kennels ..... Page 48

Pharmacy
Quarry Ridge Pharmacy..... Page 50
Stonewall Pharmacy..... Page 49

Physiotherapy
Quarry Physiotherapy an
inMotion Clinic..... Page 51
Woodlands Physiotherapy
Services..... Page 50

Plumbing
Patterson Mechanical Ltd. ..... Page 52
Ritchie & Perron
Plumbing & Heating..... Page 52

Printing
Interlake Graphics ..... Page 52

Real Estate Agents
Remax-The McKillop Team..... Page 53
Royal le Page Dynamic
-Nancy Dilts ..... Page 53
Royal le Page Dynamic
-Audrey Schumann
- Liam Wheddon ..... Page 67

Furnace on the Fritz?

204-461-HEAT (4328)

- Furnaces • HRV
- Geothermal
- Air Conditioning
- Commercial Refrigeration

REFRIGERATION HEATING & COOLING
COMMERCIAL COMFORT INC.
Residential & Commercial

Recreation
Oke Doke's Driving Range..... Page 54
Quarry Bowling Lanes..... Page 54
Stony Mountain Ski Area ..... Page 54

Recycling
Interlake Salvage & Recycling Inc.. Page 55

Restaurants
Cravings ..... Page 57
Pizza Den Restaurant & Lounge..... Page 56
Red Star Chinese Cuisine ..... Page 55
Rockwood Motor Inn ..... Page 56
Sing Fei Restaurant ..... Page 57
Something Beautiful ..... Page 55
Subway..... Page 57
The Kiln Drive-In ..... Page 56

Roofing
Roof Express Ltd. ..... Page 57

Signs
Doctor Decal ..... Page 58

Storage
North Mountain Storage ..... Page 58
Stonewall Storage ..... Page 58

Tires
Stonewall Tire & Auto Repair..... Page 15

Towing
Brake Family Auto ..... Page 14

Tutoring
Big Fat Brains..... Page 59

Upholstery
Rockwood Upholstery..... Page 59

Veterinary Clinic
Equi-Tech Veterinary Clinic ..... Page 59
Stonewall Veterinary Clinic ..... Page 60
Woodlands Veterinary Clinic ..... Page 60

Wedding Supplies
Blue Eyed Floral Design..... Page 60

Windows & Window Fashions
Ritz Interiors ..... Page 29
Stonewall Glass ..... Page 32

REFRIGERATION HEATING & COOLING

COMMERCIAL COMFORT INC.

Residential & Commercial

204-461-HEAT (4328)

- Air Conditioning
- Furnaces
- HRV
- Geothermal
- Commercial Refrigeration
- Heating & Cooling

Owner: Jeff Meier

Furnaces

LENNOX

Innovation never felt so good.™

Air Conditioning

204-461-HEAT (4328)

Your Community & Area Community Information

UTILITY

Canada Post – Argyle 204-513-5661
Canada Post – Balmoral 204-467-2659
Canada Post – Rosser 204-467-8999
Canada Post – Stonewall 204-467-5429
Canada Post – Stony Mountain… 204-344-5689
Canada Post – Warren 204-322-5266
Canada Post – Woodlands 204-383-5179

Manitoba Hydro – 24 Hour Emergency
Response toll free 1-888-624-9376

LOCAL AUTHORITIES BOARD

Community Futures East Interlake Inc.
12 Main St., N
Riverton, R0C2R0
Phone:……204-378-5106
Website: www.eastinterlake.com
E-Mail: info@eastinterlake.com

Department of Highways & Transportation,
Province of Manitoba,
Box 147 Warren R0C 3E0 204-322-4260

Family Services & Housing
589 3rd Ave. S Stonewall 204-467-4420

Interlake-Eastern Regional Health Authority
233A Main St. Selkirk R1A 1S1
Phone 204-785-4700
Toll Free 1-855-347-8500
Website www.ierha.ca
Email info@ierha.ca

ATTRACTION

Hands-On Prairie History

Located in the village of Grosse Isle at MB Road 321 and Prairie Dog Trail, the Grosse Isle Heritage Site is the prairie setting of a century-old home, church, school, train station, caboose, and jigger shack. Stroll down the Prime Meridian Trail, visit the Natural History Museum. Bring a picnic to have on the grounds or purchase hotdogs and snacks from the concession. Tour the heritage buildings, talk with our volunteers, and visit local craft vendors.

The site is open to visitors when the Prairie Dog is in town. Check their schedule at ***tickets.pdcrailway.com***

Buildings are also available to book for special events outside the regular schedule.

Call Donna 799 7555, or Miles 232 4887
giheritagesite@gmail.com
for information, bookings, or to volunteer.

LOCAL AUTHORITIES BOARD

Interlake Tourism Association
Box 399, Warren R0C 3E0
Phone..... 204-322-5378
Toll Free 1-877-468-3752
Website: www.interlaketourism.com

Rockwood/Rosser Weed Control District
Box 651, Stonewall R0C 2Z0
Phone 204-467-4704

By-Law Enforcement Officer
Justin Sowa 204-461-0549

ATTRACTION

FARM TOURS STRAWBERRIES CORN MAZE
BOONSTRA FARMS
Strawberry & Raspberry Picking
Corn Maze
Wagon Rides, Petting Zoo, Picnic Area & Farm Tours
Near corner of Hwy 7 & 67 in Stonewall
204-467-8480
www.boonstrafarms.com

ATTRACTION

Recreation, Education, Celebration

QUARRY PARK
HERITAGE ARTS CENTRE
Phone: 204 467-7980
Open Daily 11 am - 5 pm
www.stonewallquarrypark.ca

AG EQUIPMENT REPAIR

Heavy Duty/Automotive Diesel
Diagnostics & Repair

DMC DIESEL

Warren, MB (204) 918-7294
www.dmcdiesel.com

AUTO REPAIR & COLLISION

NAPA AUTOPRO

Automotive Service
Maintenance & Repair

napaautopro.com

Brake Family Auto
Sales & Service Ltd.
214-2nd Ave North
Highway 67
204-467-9156

Over 650 Napa Autopro members across Canada

LOCAL AUTHORITIES BOARD

Rural Municipality of Rockwood
Administration 285 Main Street, Stonewall
Phone..... 204-467-2272
Office Hours: Mon. – Fri. 8:30am – 4:30pm
Website: www.rockwood.ca
Email info@rockwood.ca
(Regular council meetings are held on the 2nd & 4th Wednesday of each month commencing at 9:00 am)
Reeve – Wes Taplin.....204-404-3000
Councillors
Tom Huffman Ward 1..... 204-344-5560
Curtis McClintock Ward 2 204-467-5492
Neal Wirgau Ward 3..... 204-981-5996
Art Goudy Ward 4 204-461-0155
Terry Hartle Ward 5..... 204-886-2319
Lyle Willis Ward 6 204-886-2948

Municipal Emergency Coordinator- Stonewall Rockwood
Dennis Peterson ……..204-782-6048
E-mail: mec.sremo@gmail.com

Rural Municipality of Rockwood
Sewer and Water Utilities Department
Stony Mountain / Bristol Plant 204-344-5148
Balmoral Water Treatment Plant 204-467-5570
Gunton Water Pumping Station 204-886-3749
Emergency Number for after hours and weekends for all locations:
1-204-933-3288

Balmoral Waste Transfer Station
204-467-1891 - 7099 E PR 236 (Road 85N)
Open Year Round
Sunday, Monday & Tuesday 10:00am -5:00pm

BFI PRAIRIE GREEN PUBLIC DROP OFF
LANDFILL SITE 204-694-7615
Residents of Rosser only.
Monday to Friday 5:30 a.m. – 5:00 p.m.
Saturday 6:00 a.m. – 1:00 p.m.
Call 204-694-7615 for Holiday Hours

ANTIQUES

LOCAL AUTHORITIES BOARD

Winfield Road Waste Transfer Station
204-467-9490 - Winfield Road - 6091 E Road 76N
Wednesday, Thursday, Friday, Saturday 10:00am – 5:00pm

Rural Municipality of Rosser
Administration Box 131, Rosser, R0H 1E0
Phone 204-467-5711 Fax 204-467-5958
Office Hours: Mon. – Fri. 8:30 a.m. - 4:30 p.m.
Website www.rmofrosser.com
Email: info@rmofrosser.com
Rosser Regular meetings on the 2nd Tuesday of each month at 9:00 a.m.

Reeve Francis Smee 204-633-9410
Councillors
Ken Mulligan Ward 1..... 204-322-5373
Lee Garfinkel Ward 2..... 204-467-7555
Angela Emms Ward 3..... 204-694-3956
Kelvin Stewart Ward 4..... 204-633-6941

LOCAL AUTHORITIES BOARD

Rosser Transfer Station - is located north of Rosser on Ridge Road (Rd. No. 70)
Jack Siefried 204-467-9633
The waste grounds are for residents of the **R.M. of Rosser only**
Hours of Operation:

	(Winter)	(Summer)
Monday	1 p.m.-5 p.m.	3 p.m.-7 p.m.
Thursday	1 p.m.-5 p.m.	1 p.m.-5 p.m.
Friday	9 a.m.-5 p.m.	9 a.m.-5 p.m.
Saturday	9 a.m.-5 p.m	9 a.m.-5 p.m.

AUTO REPAIR & COLLISION

WARREN ESSO
Auto Repairs, Tune-ups, Transmissions, Tires, Alignments & Towing
GAS – COFFEE SHOP
OPEN 7 DAYS A WEEK
Hwy 6 • Warren • 204-322-5556

AUTO REPAIR & COLLISION

ADMIRAAL AUTO SERVICE
We service brakes, front-ends, tune-ups, engines, transmissions, trim, clean-ups, government safety inspections and more.
NO REPAIR IS COMPLETE UNTIL OUR CUSTOMERS ARE SATISFIED!
PHIL ADMIRAAL
204-467-7512
Fax: 204-467-5384
11 Agassiz, Stonewall Industrial Park
Hours: Monday thur Friday 8:00 am - 5:00 pm

AUTO REPAIR & COLLISION

Full Service Auto Repairs & Maintenance
Tire Sales & Repair
NEED TIRES?
AIR MILES Travel and More
We stock tires for Cars, Trucks, SUVs, Vans and more!
Stonewall Tire & Auto Repair
www.stonewalltireandautorepair.com
377 1st St. E. Stonewall, MB
204-467-5595

LOCAL AUTHORITIES BOARD

Rural Municipality of St. Laurent
Administration Box 220, St. Laurent, R0C 2S0
Phone 204-646-2259 Fax 204-646-2705
Email rmstlaur@mts.net
Regular Meetings 1st and 3rd Wednesday or every month at 6:00pm.
Reeve Cheryl Smith 204-383-0329
Councillors
Jerry Combot 204-383-0348
Frank Bruce 204-383-0352
Laurent Kerbrat 204-383-0342
Phil Mathews 204-383-0326

Municipal Emergency Coordinator
Paul Belair 204-739-8164

LOCAL AUTHORITIES BOARD

Rural Municipality of Woodlands
Administration Box 10, 57 Railway Avenue
Woodlands, R0C 3H0
Phone 204-383-5679 Fax 204-383-5169
Office Hours: Mon. – Fri. 8:30am-4:30pm
Regular meetings every 2nd Tues 9:30 a.m.
Website www.rmwoodlands.info
Email wdldsofc@mymts.net
Reeve Lori Schellekens ..... 204-467-9778 & 204-995-8423
Councillors
Deputy Reeve Lorna Broadfoot 204-383-5003
Orval Procter 204-383-5051
Carl Fleury 204-375-6622
Don Walsh 204-383-0048
Curtis Huff..... 204-404-5526
Wayne Yule 204-383-5390

Municipal Emergency Coordinator
Keifer Buchanan 204-383-0367

AUTO REPAIR & COLLISION

LOCAL AUTHORITIES BOARD

Woodlands Disposal Site - 2-14-3W
Phone 204-375-6056

Summer Operating Hours	**Winter Operating Hours**
(May 1 - Oct 31)	(Nov 1 - Apr 30)
Tue: 8:30a - 5:00p	Tue: 8:30a - 5:00p
Wed: 10:30a - 7:00p	Wed: 8:30a - 5:00p
Thu: 8:30a - 5:00p	Thu: 8:30a - 5:00p
Fri: 8:30a - 5:00p	Fri: 8:30a - 5:00p
Sat: 8:30a - 4:30p	Sat: 8:30a - 5:00p

BERRY FARM

BAKERY

BEAUTY & SKIN CARE

CABINET MAKER

LOCAL AUTHORITIES BOARD

Town of Stonewall
Administration: Box 250 Stonewall R0C 2Z0
Phone 204-467-7979
E-mail: info@stonewall.ca

Mayor Clive Hinds.....chinds@stonewall.ca
Councillors
Peter Bullivant pbullivant@stonewall.ca
Jackie Luellman jluellman@stonewall.ca
Blair Good bgood@stonewall.ca
Walter Badger wbadger@stonewall.ca

LOCAL AUTHORITIES BOARD

Municipal Emergency Coordinator-Stonewall Rockwood
Dennis Peterson 204-782-6048
E-mail: mec.sremo@gmail.com

Town of Stonewall – Sewer/Water Emergencies 204-467-7990

CANDLES

The Candle Corner
SOY/VEGGIE WAX
Custom creations Tea-lights, votives, melters and jars.

Jackie Luellman
Email: jluellman@shaw.ca Ph: 1-204-782-1129

CHIROPRACTOR

Back 2 Health Chiropractic Wellness Center

Dr. Wilma Ireland
Chiropractor
Infrared therapy, Auriculotherapy and Orthotics.
4B - 408 Main St. Stonewall
Please call for an appointment
204-467-2222
Open Monday - Saturday

CHIROPRACTOR

stonewall chiropractic centre
Dr. Ryan Dumont, D.C.
Dr. Colina Wong, D.C.
Chiropractic Care for Relief and Wellness
• Acupuncture
• Custom Orthotics
• Massage Therapy
Massage Therapy
Robert Price-Lewis R.M.T.
Julia Somerville R.M.T.
204 - 467-5523
Same day appointments
Billing to Autopac and W.C.B.
www.stonewallchiropracticcentre.com
OPEN 6 DAYS A WEEK

LOCAL AUTHORITIES BOARD

South Interlake Planning District
Stonewall 204-467-5587
Email info@sipd.ca

Stonewall & District Chamber of Commerce
Stonewall 204-467-5836
www.stonewallchamber.com
Email: info@stonewallchamber.com

Stonewall Heritage Advisory Committee
Box 250, Stonewall R0C 2Z0 204-467-7980

SCHOOLS

Interlake School Division
192-2nd Ave North, Stonewall .. 204-467-5100
www.interlakesd.ca
Balmoral School – Balmoral 204-467-2501
Brant/Argyle School – Argyle . 204-467-2683
Grosse Isle School – Grosse Isle 204-467-2560
Rosser School – Rosser 204-467-2717
Ecole R.W. Bobby Bend School
377-2nd Ave. North, Stonewall…204-467-5537
Ecole Stonewall Centennial School
572-2nd Ave. North, Stonewall…204-467-5502

CHIROPRACTOR

WARREN CHIROPRACTIC
& HEALTH CENTRE
Chiropractic Care and Massage Therapy
Dr. Samantha Anderson, DC
Brie Halabiski, RMT
Direct billing to most insurance companies
P: (204) 322-5097 136 MacDonald Ave Warren, MB R0C 3E0
Drsamanderson.com

DENTIST

CARRINGTON DENTAL *Center*

Dr. Dennis Carrington

HOURS:
Monday - Thursday 8:30am to 5:30pm
Friday 8:30am to 4:00pm

310 - 1st Street W., Stonewall
www.carringtondentalcenter.ca
info@carringtondentalcenter.ca
204-467-2746
NEW PATIENTS & EMERGENCIES WELCOME

DENTIST

QUARRY STONEWALL
Dental Centre

Creating Smiles for the Entire Family
Dr. Stacey Benzick
Dr. Simi Singh
Dr. Carolyn Robertson
Hours: Mon, Tues, Thurs, Fri 8:30 a.m. - 5:00 p.m.
Wed: 12:00 p.m. to 8:00 p.m.
345 Main Street, Stonewall **204-467-2177**

SCHOOLS

Stonewall Collegiate
297-5th St. West, Stonewall 204-467-5539
Stony Mountain School
Stony Mountain 204-344-5459
Warren Elementary
300 Hanlan Street, Warren 204-322-5576
Warren Collegiate
119 MacDonald Ave, Warren 204-322-5586
Woodlands Elementary
91 Porteous Ave., Woodlands ... 204-383-5674
Sterling North
619 4th St. East, Stonewall 204-467-5547
Concord Colony School
Stony Mountain 204-344-5840
Kelsey School – Sturgeon Creek Colony
Stonewall 204-633-3485
Lightly School – Clearwater Colony
Stonewall 204-272-8081
Mallard School – Keystone Colony
Warren 204-322-5424
New Haven Colony
Argyle..... 204-467-8700
Omega School-Interlake Colony
Teulon ..... 204-886-2574 X. 231
Prairie Blossom School
Balmoral..... 204-467-8012

ELECTRICAL

Electro Wright
CONTRACTING INC.
24 HR Emergency Services

Derek Fotty
Ph. (204) 467-RITE(7483)
Fax. (204) 467-2000
electrowright@mts.net
Electrical Contractors

ELECTRICAL

Brian Baryliuk
PURE ELECTRIC
ELECTRICAL CONTRACTING
Bucket truck services available
204-791-8073
SPECIALIZING IN YARD POLE INSTALLATION AND REPLACEMENT
Email pureelectric@mymts.net

SCHOOLS

Rock Lake Colony School
Grosse Isle 204-322-5345
St. Laurent School 204-646-2034
Ecole Communitaire 204-646-2392

DAYCARE LISTINGS

Balmoral Child Care Centre.....204-467-5479
Stonewall Childrens Centre.....204-467-2214
Starting Blocks..... 204-467-5522
Stony Mountain
Child Care Centre..... 204-344-5694
Woodlands Child Care Centre... 204-383-7503

CONTINUING EDUCATION

Interlake School Division Continuing Education
192 2nd Ave North 204-467-5100
jderksen@isd21.mb.ca
Continuing Education offers courses for adults and youth, including computers, fun and fitness, personal interest, skill sharpeners, youth interest and health education. Brochures are distributed by mail, before each of the three sessions or visit our website for complete course listings at www.interlakesd.ca

Junior Kindergarten
Programs.....204-467-5100
We offer free programs throughout the Interlake School Division to students entering kindergarten the following school year. All information can be found at www.interlakesd.ca

Storytime
Stonewall Library.....204-467-8415
A fun half hour of stories, songs and crafts for children 5 and under. Caregiver(s) will have fun too. Please note that evening and Saturday storytimes require registration with the library.

EQUIPMENT RENTALS

RENT IT FROM
G&A Rentals
Lawn & Garden
Rental & Sales
Small Engine Service
Husqvarna
KÄRCHER
SNOWDOG
7 Patterson Dr., Stonewall, Industrial Park
204-467-RENT (7368)

EXCAVATING

TAPLIN EARTHWORKS INC.
204-467-5311
Sewer & Water
Snow Removal
Skidsteer • Loader
Excavator
Dumptruck Services

Box 1037 • Stonewall, MB • R0C 2Z0

NORTHERN TERRAIN

"Ready when you are"

Excavating, Hauling & Leveling

Website www.northernterrain.ca

Email: inquiries@northernterrain.ca

Ph. 204-467-9026

CHURCHES

Alive! Family Church
166 Main St., Stonewall 204-467-2870

Anglican Church of the Ascension
291-1st Street West, Stonewall… 204-467-8466

Balmoral United Church
Balmoral 204-467-9070

Christ Church (Anglican)
13 School Road, Stony Mountain 204-344-5220

Christ the King Catholic Church
315-2nd Street East, Stonewall . 204-467-2220

Church of the Annunciation
Woodlands

Cornerstone Pentecostal Church
2nd Avenue North, Stonewall ….204-467-2969

Grassmere United Church
Grassmere Church Road,
Stonewall 204-467-5469

Grosse Isle & Rosser United Churches
Immanuel Lutheran Church 204-632-6911
Rosser

Lilyfield United Church
Rd. 68 & Sturgeon Rd..... 204-344-5426

New Life Church
1 km east of Stonewall
on Hwy #67..... 204-467-5529

CHURCHES

St. Joseph's Roman Catholic Church
Stony Mountain 204-467-9016

Victoria United
Balmoral 204-467-8466
1 service a year, on 3rd Sunday in June

Stonewall United Church
369-1st Avenue North,
Stonewall 204-467-5469

Stony Mountain United Church
12 Main Street,
Stony Mountain 204-344-5426

Stonewall & Area Ministerial Association
John Harrison 204-467-5529
The Stonewall & Area Ministerial Association conducts weekly church services at Stonewood Place and Rosewood Lodge, provides pastoral care at Stonewall & District Hospital and hosts workshops on various topics for the public.

Warren & Meadow Lea
United Churches 204-322-5752
Woodlands Gospel Chapel 204-467-5109

FINANCIAL PLANNING

Let me help you with strategies for income and growth, retirement and estate planning.

iA Securities
iasecurities.ca

Industrial Alliance Securities Inc.
LAURA WOODMAN CIM, FCSI
Investment Advisor
4A-408 Main Street, Stonewall, MB R0C 2Z0
204-806-8388
238 Portage Ave, 3rd Floor Winnipeg, Manitoba R3C 0B1
204-806-8388
laura.woodman@iagto.ca
www.woodmanwealth.ca

HEALTH

Interlake-Eastern Regional Health Authority/ Stonewall Community Health Office
589-3rd Ave. South, Stonewall… 204-467-4400
Community Health Offices provide public health, mental health and home care to residents within the Interlake-Eastern region. These services and their supports are provided on a local and regional basis.

HEALTH

Interlake Medical Clinic
330 – 3rd Ave. South,
Stonewall 204-467-8137

Quarry Ridge Medical Clinic
469 1st St. West, Stonewall… ... 204-467-9707

Interlake Healthcare Sustainability Committee
Box 29, Teulon R0C 2B0 204-886-7776

Southwest District Palliative Care Inc.
Chuck McClure..... 204-467-2632
To provide comfort for individuals and families living with a possible life threatening illness or coping with grief. Palliative Care offers emotional and spiritual support, information regarding pain & symptom management, bereavement support, trained volunteers available at home or in hospital, lending library, and practical help. "We enter this world surrounded by love, comfort and care. Don't we deserve the same when we leave"

FINANCIAL PLANNING

THIS IS HEALTH. THIS IS WEALTH.
Let's discover yours

Barbara Kaminski*
Tel: 204-461-2251
barb.kaminski@sunlife.com
www.sunlife.ca/barb.kaminski
37 Richard Street, PO Box 387
Stony Mountain, MB R0C 3A0

Sun Life Financial

*Mutual funds distributed by Sun Life Financial Investment Services (Canada) Inc.
Sun Life Assurance Company of Canada is a member of the Sun Life Financial group of companies.
© Sun Life Assurance Company of Canada, 2019.

Open 24/7 for members
Over 3000 sq. ft. of space.
Dedicated women's only area.

ADRENALINE FITNESS

2 Dolomite Avenue, Stonewall
204-202-1783

(located in Stonewall Industrial Park)

HEALTH

Stonewall & District Health Centre Foundation
Pat Corbin 204-467-2091
The Stonewall & District Health Foundation is a community-driven organization that accepts donations, memorials and bequests from citizens and returns the funds to the community in the way of the grants for medical education, equipment for facilities etc. The Foundation operates in co-operation with the Interlake Eastern Regional Health Authority, towards the supplying of health services within the communities of Stonewall and the RM's of Rockwood, Rosser and Woodlands. The Foundation Board comprises representatives from all communities within that region. The Foundation is active in the recruitment and retention of doctors within the Stonewall Hospital, as well as assuring that equipment needed within the facility is made available.

Stonewall & District Health Centre
589 -3rd Avenue South,
Stonewall 204-467-5514
The Stonewall & District Health Centre provides ambulance and emergency services, acute care, lab and x-ray services, as well as long term and palliative care services. Additional services include dietary service, physiotherapy and occupational therapy services. Rosewood Lodge is a 50-bed personal care home while Stonewood Place is a 30 suite enriched senior's housing unit.

Stonewall Medical Group
589 – 3rd Ave. South, Stonewall…204-467-5509
The Stonewall Medical Group offers regularly booked appointments.

SUPPORT GROUP & RESOURCE CENTRES

Community Living Interlake
307 Main St., Stonewall 204-467-9169
The Association for Community Living is a community based, non-profit organization, providing a variety of services and supports for people with developmental disabilities, including residential, vocational and recreational.

The Arris Centre 204-467-9169
307 Main St. Stonewall
Pre-vocational and life skills training centre for adults with a developmental disability

Age Friendly Stonewall/RM Rockwood
Joie Van Dongen ……204-467-5486
A volunteer committee "Creating a community committed to Healthy Active Aging". Meetings are held every fourth Tuesday 10am-noon

Block Parents of Stonewall
Teresa Melynchuk 204-467-9752
The Block Parents of Stonewall is a community organization that provides safe homes for members of the community, especially children. Block Parents of Stonewall is open to new members. Anyone wishing to become a Block Parent may contact Teresa for RCMP screening and to have a sign in your home.

Breast Cancer Support Group
..... 204-467-2473 or 204-886-2393
Meets monthly every third Tuesday

Canadian Blood Services 1-888-236-6283

Canadian Red Cross Society
1111 Portage Ave, WPG 1-866-685-4250
The Canadian Red Cross Society offers various services, including first aid and water safety courses, emergency preparedness and free use of wheelchairs, walkers and canes.

Alzheimer Society 1-204-268-4752
alzne@alzheimer.mb.ca
Current Family Support Group Interlake Region meets the fourth Tuesday of the month at 1pm, Stonewall & District Health Centre. These meetings bring caregivers together to talk about their experiences and offer support and advice to each other.

BACKCOUNTRY FITNESS & CONDITIONING

Inspiring Lives, One Body At A Time

- Amazing community
- Proven results
- Health coaching
- Unlimited support
- Nutrition & fitness plans available

FITNESS CLASSES

HIIT/Tabatta
Circuit & Strength training
Bootcamp Style training

Schedule is up on our website!

- Coed classes 14 - 99+
- Mom and Baby classes

Trainer and Lifestyle coach,
Christina Hooper

CALL US TODAY 204·899·8660
Backcountry4fitness@gmail.com
www.backcountryfitnessandconditioning.com

FIREWOOD MANITOBA

Heatmaster Wood Boilers

- *Heat your home*
- *Hot water tank*
- *Shop / Garage*

Heatmaster G400
Wood Boiler

Hydro is going up, how will you heat?

Guaranteed Dry Firewood

- **Pick up or Delivery**
- **Pine / Oak / Birch**

FIREWOOD

Half Cord, Full Cord, Long Weekend Bags

CALL FOR A FREE QUOTE

204-453-7788

www.firewoodmanitoba.ca

SUPPORT GROUP & RESOURCE CENTRES

Cancer Connection Toll Free . 1-888-939-3333
cancerconnection@cancer.ca
Trained vounteers offer support to those dealing with cancer

Cancer Navigation Services
If you or a member of your family have been diagnosed with cancer, the cancer navigation services team is here to help. Cancer navigation can guide and support you and your family through the entire cancer journey. Receiving information and support in a timely manner can help to reduce distress and anxiety. Cancer navigation services are provided free of charge to Interlake-Eastern Regional Health Authority residents and their families.
Toll-Free: 1.855.557.2273 (CARE)
or email cancernav@ierha.ca

Caregiver Support Group
Lions Community Centre 204-467-2719
If you are looking after a family member or friend, you are welcome to join us to discuss concerns and share feelings, both positive and negative related to your care give role.

SUPPORT GROUP & RESOURCE CENTRES

Crisis Stabilization Unit (CSU)
An 8-bed nurse managed facility for individuals 15 years and older, who are voluntary and in apparent psycho-social crisis. Located in Selkirk, the CSU provides assessment, short-term crisis intervention, treatment, and linkage/referrals to needed supports.
Call toll-free: 1.888.482.5361 or 204.482.5361
Fax: 204.482.5367

Crisis Services-Mental Health
- 24 hour Crisis Line
1-866-427-8628 or 204-482-5419

Mobile Crisis Services
An outreach program for individuals of all ages who are experiencing a mental health/ psychosocial crisis. Operates: adult services: 2:00 pm to 2:00 am; 7 days/week;
children and adolescents: 1:30 pm to 9:30 pm, Monday to Friday; Call toll-free 1.877.499.8770 or 204.482.5376

FLOORING

SUPPORT GROUP & RESOURCE CENTRES

Christmas Cheer Board – Stonewall
(Oct 15-Jan 15)..... 204-467-9039
The Christmas Cheer Board receives monetary, new & used unwrapped gifts and food donations to distribute to needy families in the South Interlake over the Christmas season. Volunteers always welcome.

Congregate Meal Program – Lions Manor
622 Centre Ave. Stonewall 204-467-8531
(48 hours notice)

Dementia Helpline
.....1-800-378-6699

Hilltop Manor Meal Program – Stony Mountain
Susan.....204-344-5549 (24 hours notice)
Congregate Meal Programs are hot, nutritious, full course meals that are available to all seniors in the community for a minimal cost. Noon meals are available from Monday to Friday.

Interlake Employment Services
..... 204-461-0215
Interlake Employment Services offer employment services for adults with disabilities

SUPPORT GROUP & RESOURCE CENTRES

Interlake Food Bank
293 Main Street (basement of Town Hall). . . . . .
204-467-9118
The Interlake Food Bank collects and distributes food, clothing and household items for families that are of need.

Manitoba Schizophrenia Society Inc. 204-786-1616
info@mss.mb.ca
The Manitoba Schizophrenia Society is a self-help group for people dealing with schizophrenia.

Manitoba Youth Job Center - Stonewall
..... 204-467-5836
The Manitoba Youth Job Center is open May through August. Students and youth may receive job referrals, help with interview skills, resume and cover letter writing and job searches. Information on government funding and grants may also be obtained.

Meals on Wheels - Stonewall
..... 204-467-5257
For a nominal fee, evening meals are delivered to qualified individuals as decided upon by health and mobility status.

GAS STATION

QUARRY VIEW
Esso
Diesel • Car/Truck Wash
Convenience • Movie Rentals
Tim Hortons
Proud supporter of local teams & events
HWY. 67 STONEWALL **467-9454**

GAS STATION

Marquette Co-op
You're at home here.
CO-OP

Bulk Petroleum
Hardware
Fencing Supplies
Feed
Farm Supplies

Ag Inputs
- Seed
- Chemical
- Fertilizer
- Bins/Augers

2 Locations to Serve You
Marquette MB/Starbuck MB
1-204-375-6570

Cardlock for your convenience.
Apply today.

Trevor King
Petroleum Manager
t.king@marquettecoop.ca

SUPPORT GROUP & RESOURCE CENTRES

Rockwood Environmental Action Committee Taskforce (R.E.A.C.T.)
Karl 204-467-2334
www.reactinc.org E-Mail: info@react.org
REACT is a local volunteer organization located in Stonewall that is committed to environmental responsibility. Our mission statement is "to assist (our) members and the community (Stonewall, Teulon & Rockwood) as a whole to become more environmentally responsible"

GIFTWARE

SUPPORT GROUP & RESOURCE CENTRES

Men's Chat Group 204-467-2582
Meets every Tuesday from 10-11am at the Stonewall Lions Centre

Mood Disorder Association of Manitoba
Peer Support Line 204-786-0987
Postpartum Warmline 204-391-5983
Tool Free 1-800-263-1460
The Mood Disorder Association of Manitoba is open to individuals afflicted with depression and manic depression, their families and friends. Support and consultation is offered to individuals and their families as well as educational presentation, telephone support and resource library. Meetings held in Stonewall the 3rd Thursday of the month 7-9pm at the Stonewall Community Health Centre, Conference room.

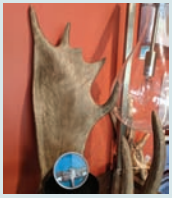
Multiple Sclerosis Support Group
Susan Hologrosk 204-943-9595

Parkinson Society of Manitoba - Stonewall
..... 1-866-999-5558

Society for Manitobans with Disabilities
Interlake Office 204-785-9338
Toll Free 1-888-831-4213

GIFTWARE

Something Beautiful
A Division of Community Living Interlake
307 Main St., Stonewall **204-467-9620**



• Clothing • Jewelry • Giftwares
• Great gift ideas
• Soy harvest candles
• Coal & Canary Candles
• Manitoba Made Products
• Destiny Road Honey

SUPPORT GROUP & RESOURCE CENTRES

South Interlake Regional Library
419 Main Street 204-467-8415
www.sirlibrary.com
More than just books! A great place to pass the time. The library offers not only books for all ages, it also offers; free public computers with high speed internet, access to on-line databases and e-libraries, magazines, children's programs and so much more!

Bookmobile
Pam 204-467-5767
bookmobile@sirlibrary.com

Unity Steps of Courage (closed;step study)
Fridays 7:30pm at United Church of Stonewall
The Stonewall Group (closed;big book study)
Sundays 7:30pm at Parochial Hall Stonewall
www.AA.org
Bryce 204-430-6787
Donna 204-461-0892

Stonewall & Area Al-Anon
Family Support Group 204-886-2518

GLASS REPAIR & REPLACEMENT

• Windows • Doors
• Siding • Auto Glass
• Repair or Replacement
STONEWALL GLASS
Stonewall Industrial Park
204-467-8929

GROCERY

FamilyFoods
ALL OF YOUR GROCERY NEEDS!
BRITISH IMPORTS!
HUGE GLUTEN FREE SECTION!
PLUS FREE COFFEE!
Gluten-Free Foods
STONEWALL CENTENNIAL PLAZA
330 3rd AVE SOUTH PH:204-467-5553
VISIT US 8am-9pm WEEKDAYS
8am-7pm SATURDAY, 9am-6pm SUNDAY

SUPPORT GROUP & RESOURCE CENTRES

Stonewall & District Handivan - Stonewall
436 – 1st Avenue North 204-467-9446
The Stonewall & District Handivan offers transportation services for seniors and people with mobility disadvantages for a nominal charge.

South Interlake Seniors Resource Council
5 Keith Cosens Drive 204-467-2719
The South Interlake Seniors Resource Council helps older citizens and people with disabilities to live independently in their communities. The services range from driver escorts (including cancer patient transportation) to housecleaning and yard work, to help with the completion of forms, visiting, caregiver support group, Telecheck (telephone buddy system), info on seniors resources may be acquired, as well as providing E.R.I.K. (Emergency Response Information Kits), Lifeline services and mobility aids.

Stroke Recovery Association
..... 204-942-2880

SUPPORT GROUP & RESOURCE CENTRES

Welcome Wagon – Stonewall
Elsie Walder 204-461-8105
The Welcome Wagon is a service to newcomers and new parents, offering gifts from local businesses.

T.O.P.S. – Warren
Linda MacMillan 204-461-3375
Take Off Pounds Sensibly.
TOPS meet every Tuesday at 9:00 am at the Warren United Church Hall.

GREENHOUSE LANDSCAPING & SUPPLIES

SUPPORT GROUP & RESOURCE CENTRES

Women's Shelter – Nova House
Local Crisis Line..... 204-482-7882
..... 204-482-1200

Project Linus Canadian-Manitoba Chapter
Gayleen 204-467-8120
Local volunteers meet every Wednesday at 1p.m. at the South Interlake Regional Library to quilt, knit and crochet blankets to provide a sense of security and brighten a child's day.

CULTURE HERITAGE & ARTS

Rocklands Antique Club
Lloyd Harris 204-467-8481
Nominal Fees. The goal of the Rocklands Antique club is to preserve, rebuild and display antique farm equipment, stationary engines or automobiles. The Antique Club also hosts social functions and helps to raise funds for the community. Meetings are held on 1st Wednesday of each month at the Red Barn 7:30 pm.

South Interlake Garden Club
Tanya Daher 204-467-2235
The club has informative meeting sessions throughout the year as well as a friendly exchange of information with fellow gardeners. The South Interlake Garden Club hosts an annual plant auction in May and a Flower, Fruit and Vegetable Show in August. The club supports various horticultural projects throughout the South Interlake area.

GREENHOUSE LANDSCAPING & SUPPLIES

Jasperson's
greenhouse | landscapes

YOUR *LOCAL* GREENHOUSE & GARDEN CENTRE

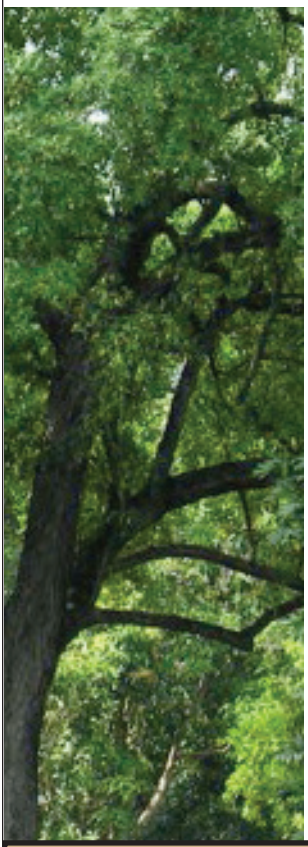
Family owned & operated since 1995

Quality plants, expert knowledge and all your gardening needs!

*** Annuals * Perennials * Trees * Shrubs * Herbs**
*** Vegetables * Hanging Baskets * Planters * Pots & Containers**
*** Pond Plants * Landscape supplies * Workshops**
*** Weddings & Custom Planting & design * Gift Cards**

Open Spring, Summer, Fall & Christmas Holiday season
Located just 5 km south of Stonewall on Hwy 236
info@jaspersonsgreenhouse.com 204-467-2081
Jasperson's greenhouse | landscapes

Rockwood Landscaping & Tree Service



- Complete Landscaping
  Design & Install - wherever your imagination takes you

CONCRETE

- barkman Concrete Products
- Certified barkman Concrete Installer
- Concrete Breaking
- ICPI Certified Installer

TREES

- Aerial Tree Pruning & Removal
- Chipping • Stump Grinding
- Tree Planting • Nursery Stock

Manitoba Certified Arborist

24 HOUR STORM SERVICE • SNOW REMOVAL
SKID-STEER • LOADER & GRADER • EXCAVATOR
COMPACT TRACK LOADER • BUCKET TRUCK
LASER EQUIPPED

VISA MasterCard Interac

FREE ESTIMATES

204-467-7646

CULTURE HERITAGE & ARTS

Quarry Choristers
Quarry Choristers Hotline 204-467-8348
quarrychoristers@gmail.com
The Quarry Choristers is a multi generational, community ladies' choral group, that presents an annual dinner theatre in May as well as performs at seniors homes and various functions upon request. The Choristers meet on Sunday evenings, at the Stonewall United Church. New members are always welcome.

GREENHOUSE LANDSCAPING & SUPPLIES

• *Annuals* • *Perennials*
• *Vegetables*
• *Hanging Baskets*
• *Fruit and Non-Fruit Bearing Trees & Shrubs*

Whispering Oaks Greenhouse

Custom Planting services available

77N & Meridian Rd
Woodlands, MB
204-995-8423

HALL RENTALS

GROSSE ISLE
MEMORIAL PARK AND RECREATION CLUB

•Weddings •Socials •Meetings
•Showers •Private Functions
•Commercial Kitchen (available for rent)
•Baseball Diamond (available for rent)
•Catering Available •Capacity 300

For bookings contact Brooke: 461-2173
For commercial kitchen rentals contact Susan: 513-0504
For baseball diamond rentals contact Tracy: 794-4895

117 Road 72N E, Grosse Isle
Website: www.grosseisle.com

HALL RENTALS

ODD FELLOWS HALL

• Weddings • Socials
• Meetings • Showers
• Capacity 220 Persons

374 1st St. West, Stonewall
204-467-5556

FOR BOOKINGS
stonewalloddfellowshall@gmail.com

DISPLAYS AND ATTRACTIONS

Settlers, Rails & Trails Inc.
Argyle Community Centre
Hours: 1st Sat/month 1-4 pm and by appointment argylemuseum@gmail.com

Boonstra Farms
Murray Boonstra 204-467-8480
Offers school tours, through May and June, strawberry and raspberry picking though July, and a corn maze Aug.-Oct. Visit the website at www.boonstrafarms.com

HALL RENTALS

Royal Canadian Legion

Hall Rentals
for all occasions

Capacity 400 • Air Conditioned
Kitchen Rental Available
Stonewall 204-467-2261

DISPLAYS AND ATTRACTIONS

Grosse Isle Heritage Site
Hands-on prairie history. Stroll the Prime Meridian Trail & visit the Natural History Museum, enjoy craft vendors and the Prairie Dog Central. 204-799-7555 or 204-232-4887. Site is open when Prairie Dog is in town. See tickets.pdcrailway.com

Woodlands Pioneer Museum
Located on Hwy 6 in Woodlands. This mini pioneer town includes six buildings overflowing with artifacts. 204-383-5919 or 204-383-5589. For all info woodlandspioneermuseum.com

Laser Jungle
331- 1st East 204-467-7529
www.laserjungle.com
Birthday Party, Windup or family outing. Laser tag has a vest and phaser and is played in an indoor 2 level 4200 sq foot arena. This is a great outing for both kids and adults.

Prairie Oak Regional Arts Council Inc.
Bev Galbraith 204-467-9991
$5/member/year The goal of the Prairie Oak Regional Arts Council is to support, promote and educate in the arts in our communities. An annual general meeting is held in April and members will be advised as to the time and location of council.

HARDWARE

Here's How.

Open 7 days a week
Monday-Friday 9-9
Saturday 9-6 • Sunday 12-5

Stonewall Home hardware

486 Main Street, Stonewall **204-467-5589**

DISPLAYS AND ATTRACTIONS

The Purple Berry Orchard 204-461-2623
Saskatoon berries, alpacas and barnboard

Oak Hammock Marsh Interpretive Centre 204-467-3300
www.oakhammockmarsh.ca
Located approximately 17 kilometers from Stonewall, Oak Hammock Marsh offers children's day camp, guided year round indoor and outdoor interpretive programs, voyageur canoe outings, special events and workshops

DISPLAYS AND ATTRACTIONS

Prairie Dog Central Railway 204-832-5259
www.pdcrailway.com
The Prairie Dog Central Railway is located at Inkster Junction Station on Prairie Dog Trail on the Northside of Inkster Blvd. between Rte 90 and Sturgeon Rd. Fully restored, turn of the century, branch-line passenger train. Runs from mid-May until mid December. Steam locomotive is used often and a vintage diesel locomotive is also used. Visit the website for specific events, days of operation, activities and ticket prices.

HEALTH AND WELLNESS

Prairie Zen

PZ

336 Main Street
Stonewall, MB
204.467.5905

Prairie Zen is all about making clients feel good for the inside, out. We offer a variety of services such as therapeutic massage, hot stone massage, pre/ post natal massage, cupping treatments & laser treatments.
We also have a naturopathic doctor, a teeth whitening specialist & a certified lash technician. Call, email, or book online
https://www.prairiezen.clinicsense.com

OPEN 7 DAYS A WEEK
prairiezenstonewall@gmail.com

Dr. Victoria Baldwin, ND
Medically Trained, Natually Focused

Dr. Victoria Baldwin is a licensed naturopathic doctor accepting new patients for her practice. Trained in traditional Chinese medicine will often use a combination often use a combination of acupuncture, herbal remedies and high dose nutritional supplements to bring balance to the body.

To book online go to
https://drvictoriabaldwinnd.janeapp.com

All of Prairie Zen does direct billing to Blue Cross

DISPLAYS AND ATTRACTIONS

Six Pines Halloween Haunts
James and Judy Thevenot 204-633-3326
www.sixpines.mb.ca
Six Pines specializes in making memories.

Rubber Ducky Resort
& Campground 204-322-5286
www.rubberduckyresort.com
Rubber Ducky Resort and Campground is open year round. The campsites are open from April 15 - October 15, the Motel Style Rooms remain open throughout the winter and our camping cabin is open March 1 - December 1.

Stonewall Quarry Park Heritage Arts Centre
..... 204-467-7980
Various fees, depending on facilities Stonewall Quarry Park offers various leisure and recreation activities, including swimming lessons, recreational swimming, beach volleyball, interpretive trails, hiking, and camping. The Centre houses an Interpretive Centre, the Sunova Auditorium, and three multipurpose rooms are available for event rental.

ORGANIZATIONS & SERVICE CLUBS

Ducks Unlimited Canada..... 204-467-3000
www.ducks.ca
Ducks Unlimited is dedicated to the maintenance conservation and restoration of Canada's wetlands.

Knights of Columbus
Jesse Nugent 204-294-7170
The Knights of Columbus raise funds for charities within the community. The Knights are open to all Catholic men 18 years or older. Meetings are held on the 1st Monday of the month at 7:00 pm, September through June at the Christ the King Catholic Church in Stonewall.

Independent Order of Odd Fellows Stonewall Lodge #49
Larry O'Dell 204-467-8882
Ross Thompson 204-467-2438
The Odd Fellows Lodge is a fraternal organization based on the fatherhood of God and the brotherhood of man. We do charitable work through various projects in the local community, the province and internationally. We seek to elevate the character of man and thereby make the world a better place to live. We meet the 1st and 3rd Monday at the Odd Fellows Hall September through June.

HEALTH & WELLNESS

HEALTH & WELLNESS

HEALTH & WELLNESS

ORGANIZATIONS & SERVICE CLUBS

Royal Canadian Legion-Stonewall
Branch No. 52 204-467-2261
The Royal Canadian Legion is dedicated to the service of veterans and their dependents, as well as to raise funds for the community. The Legion is open to all Canadian Citizens. Meetings are held on the 2nd Tuesday of the month at the Stonewall Legion Club room.

Ladies Auxiliary to the Royal Canadian Legion Branch #52
Brenda O'Dell 204-344-5089
The Legion Ladies Auxiliary raises funds for community charities and the local Legion Branch, primarily through catering of weddings and banquets. The ladies volunteer countless hours to preparing and serving lunches following funeral and memorial services. The Ladies Auxiliary greatly appreciates member applications from any lady over 18 years of age and of good character. Meetings are held at the Legion Hall in Stonewall on the 2nd Thursday of the month September through June.

HOME FURNISHINGS & DECOR

HOME IMPROVEMENT

MID-CAN DOOR MFG. INC.
A Division of A & D Distributors

Mid-Can Door provides quality garage doors & openers and professional service for residential and commercial customers. Located in the Stonewall area.

PHONE 204-222-5643

WWW.MIDCANDOOR.CA

HOME IMPROVEMENT

ORGANIZATIONS & SERVICE CLUBS

Royal Canadian Legion-Woodlands
Branch No. 248 204-383-5541

St. Laurent Metis Legion-St. Laurent
Branch No. 250 204-646-2236

Royal Canadian Legion-Argyle
Branch No.222 204-467-5816
The Argyle branch meets at the Argyle Memorial Hall. Remembrance Day service planned every year.

South Interlake (Rockwood) Agricultural Society
Gordon Grenkow..... 204-633-2144
It encompasses the needs of the three municipalities that it serves. Rockwood, Rosser, and Woodlands. The Ag Society is located on the north east corner of Hwy 236 and Road 75. They hold monthly meetings at the Ag grounds the 3rd Tuesday of the month at 7:30pm. Residents of the community welcome. (Building and grounds available for rent if space permits.)

ORGANIZATIONS & SERVICE CLUBS

South Interlake 55+ Inc.
Cheryl Cathers 204-467-2582
www.si55plus.org
This non-profit organization provides education and activities for persons age 55 plus. Many activities and events are held on a regular basis. Newsletters are published monthly listing upcoming events and activities and are available to be picked up at the 55+ Centre.

INSURANCE

ORGANIZATIONS & SERVICE CLUBS

Stonewall & District Lion's Club
Mel Harrison.....204-479-4050
The goal of the Stonewall & District Lion's Club is to raise funds for various charities within the community. The Lion's Club is open to anyone 18 years or older. Meetings are held on the 2nd and 4th Wednesday evening of the month, September to the end June at the Stonewall Lion's Manor at 7:00pm

INSULATORS

INTERLAKE INSULATORS

BALMORAL, MANITOBA
- Spray Foam
- Blow In

FREE ESTIMATES

Brent Meyers
204-461-4669
interlake_insulators@hotmail.com

Hydro Rebate Program

SPRAY FOAM SPECIALISTS

JEWELLERY - REPAIR & CUSTOM

Elemental Artisans

Jewellery design, creation, restoration, repair & handcrafted artwork.
www.facebook.com/elementalartisans
elementalartisans.mb@gmail.com
Text or Call 204.880.9185
Ellen Francis - Goldsmith
317 1st St East, Stonewall, MB

INSURANCE

Oracheski FINANCIAL
Linda Oracheski
CLU ChFC CHS

FINANCIAL SECURITY ADVISOR
Box 4527 Stonewall, MB R0C 2Z0
Phone: 204-461-4343
Fax: 866-546-2242
Toll-free: 1-877-425-5080
Email: lofinancial@shaw.ca

Life & Disability Insurance
Critical Illness Insurance
Mortgage Insurance
Health & Dental Plans
Travel Insurance

www.oracheski.com

INSURANCE

Find coverage for the important things in life

Inview insurance

Tracey Malone - Financial Advisor
Inview Insurance, 344 Main Street, Stonewall
tracey_malone@cooperators.ca
Phone (204) 467-8927

autopac

Home Life Investments Group Business Farm Travel

ORGANIZATIONS & SERVICE CLUBS

Stonewall Kinsmen Club
Kerry Hendry..... 204-467-9618
The Stonewall Kinsmen Club is an informal organization that raises funds for community projects and provides services to the local community. Meetings are held at the Lakeview Apartments on every second Thursday of the month September through June. Motto "We serve the community's greatest needs"

Stonewall Kinettes Club
Pat Moldowan 204-467-5444

ORGANIZATIONS & SERVICE CLUBS

Stony Mountain Stonewall Masonic Lodge No. 12
Grant Ryckman 204-792-7252
The Stony Mountain Stonewall Masonic Lodge provides opportunity for fellowship, benevolent assistance and instruction in high moral standards. The group is open to men 21 years or older and meetings are held the 1st Monday of the month September through June.

MARRIAGE COMMISSIONER

Marriage Commissioner
Marriages Performed at Your Chosen Location
Elizabeth Simonson
204-383-5691 Woodlands

LAWYERS

GRANTHAM
LAW OFFICES
DOUG GRANTHAM
Lawyer & Notary Public
STONEWALL OFFICE:
1-278 Main St.
204-467-5527

MARKETS

Century Farm Country Market
WARREN, MANITOBA
OPEN FRIDAYS 4 P.M. - 7 P.M.
SATURDAYS 10 A.M. - 1 P.M.
MID JUNE - SEPTEMBER RAIN OR SHINE
Located at 77N & 3 W (on Golf Course Rd.)
Local Produce, Homemade Baking, Jams, Pickles, Special Pre-Orders, Garage Sale Tents, Various Crafters
We Encourage Local Vendors!
For Table Rentals & Pre-Orders call 204-797-0681

ORGANIZATIONS & SERVICE CLUBS

South Interlake Seniors Resource Council Inc.
Darcy or Diane 204-467-2719
sisrc@shaw.ca

Stonewall & District Health Centre Ladies Auxiliary
Marg Bond 204-467-8732
The Auxiliary's goal is to raise funds for the purpose of enhancing the care and comforts of patients, residents and clients served by the Health Centre. Meetings are held the first Monday of each month at Rosewood Lodge. New members welcome.

ORGANIZATIONS & SERVICE CLUBS

Quarry Toastmasters
Brenda 204-467-5088
Toastmasters helps people to practice public speaking and to improve communication skills. Meetings are held at Stonewall Collegiate, Tuesday evenings at 7:30 pm in the Food Lab from September to May.

Warren Horizons District Lions Club
Irene Tully 204-998-4590
Meetings are held the 1st and 3rd Wednesday of each month at the Warren Fire Hall at 7:00 pm, September through June.

Warren & District Lions
Stu Bangle..... 204-467-1844
Membership is open to anyone over 18 interested in giving something back to their community through direct action, meeting humanitarian needs, encouraging peace, and promoting International understanding. Meetings are held the 1st and 3rd Wednesday of the month at 7:00pm at the Warren Fire Hall from September through June.

MASSAGE THERAPY

MEAT PRODUCTS

GOLF CLUBS

Bel Acres Golf & Country Club....204-632-8337
www.belacres.com
18 hole golf course, fully stocked golf shop. C.P.G.A. Trained Professionals, driving range, practice green and short game practice area. Individual and corporate memberships

Whispering Winds Golf Course ...204-322-5335
Located on Golf Course Road near Warren, The Warren Golf Course offers an 18 hole golf course, licenced clubhouse, practice fairway, putting green pro-shop and golf lessons.

MUSIC, SPORTS & REC

Keyboard Ventures Music School
324 Main Street Stonewall
Terry Zurylo 204-467-7388
www.keyboardventures.com
E-mail terry@keyboardventures.com
Piano, keyboard, guitar, voice, drums, accordion and mandolin lessons age 4 and up. Lessons year round.

MUSIC INSTRUCTION

KEYBOARD VENTURES
Music Centre
Printer Cartridges & Toners
"Innovative Teaching for the New Millennium"
Piano, Keyboard, Guitar, Drums &
Voice Lessons in our studios
Terry Zurylo
Director & Piano/keyboard Instructor
324 Main St., Stonewall
Tel: 204-467-7388
Cell: 204-955-5428
terry@keyboardventures.com
keyboardventures.com

MOVERS

FULLHOUSE MOVERS
ALEX FOTTY
HOME: 204-467-2419
CELL: 204-461-2352
NOTHING BEATS A FULLHOUSE MOVE

MORTGAGE BROKER

SHELLEY STEWART, AMP
Accredited Mortgage Professional
Office: 204-467-8319
Cell: 204-479-6064 Fax: 204-480-4381
Email: shelleys@onelinkmortgage.com
Apply online: www.shelleystewart.ca
4A-408 Main Street,
Stonewall, MB R0C 2Z0
ONE LINK MORTGAGE & FINANCIAL
VERICO MORTGAGE BROKERS NETWORK
Mortgage Advice You Can Trust
VERICO One Link Mortgage & Financial, Unit 100 - 99 Scurfield Blvd. Winnipeg, MB R3Y 1Y1 www.onelinkmortgage.com

MUSIC, SPORTS & REC

Interlake Bujinkai Karate Club
Robert Price-Lewis 204-404-7682
email: interlakebujinkai@gmail.com
Classes run February-June, July-August, and September-December. Classes are held at Ecole RW Bobby Bend School on Tuesdays 630-8pm

Stonewall Karate
Debbie or Clive Hinds..... 204-467-5787
Discounted prices and family rates are available. Stonewall Karate offers non-contact karate instruction to anyone 6 years or older. Lessons are held two evenings per week and Saturday mornings at the Hall by the RCMP office.

The Balmoral Judo Club
Milton Good Sr. 204-467-8854
The Balmoral Judo Club offers judo instruction and optional tournaments to anyone 7 years or older. Lessons are held two evenings a week, September through May at the Stonewall Collegiate.

NEWSPAPER

Stonewall Teulon Tribune

What's *Your* story?

"Connecting people through stories to build stronger communities"

Call 204-467-5836 or email news@stonewallteulontribune.ca

www.stonewallteulontribune.ca

OPTOMETRIST

Doctors Vision Centres
Home of the Platinum Warranty.

Find us on Facebook

For more than 30 years we have provided **YOU** - the residents of Stonewall and surrounding communities - with quality vision care and vision products.

We brought **YOU** advanced vision care technology like Fields Exams and OCTs - equipment to rival the biggest clinics in Winnipeg and other large cities.

We established Manitoba's first full-time Vision Therapy Clinic here in 2003 and continue to be a centre of excellence in repairing vision from Traumatic Brain Injuries and learning disabilities.

Today, we offer **YOU** the best lenses available anywhere in the world. We have special lenses and coatings that protect **YOUR** vision against the UV from harsh sunlight or the dangerous blue light emitted from **YOUR** electronic devices. We have great frames from all price points to meet **YOUR** needs.

But we couldn't do any of it without **YOU**. With **YOUR** continued support we look forward to serving **YOU** in the decades to come. Thank **YOU**! Please call to book **YOUR** eye exam today.

Optometrists:
Dr. Dawn Dunford, OD, FCOVD / **Dr. Heather McCrae**, OD
204-467-8044
Box 907, 384 Main Street • Stonewall, MB R0C 2Z0
CHANGING LIVES THROUGH ADVANCED VISION CARE

MUSIC, SPORTS & REC

Teulon Gymnastics Club
Dayna 204-467-8259

Stony Mountain Ski Area
Heather Campbell-Dewar or
Gary Dewar 204-344-5977
www.skistony.com
Stony Mountain Snowboard and Ski Club offers lessons and programs for all ages and abilities of skiers and snowboarders from 2 yrs to 82 years!

Zumba
Erika Riley 204-294-8620
esrp7@hotmail.com

MUSIC, SPORTS & REC

Diversity Horsemanship
Chelsea Kopachena 204-801-3489
chelsea@diversityhorsemanship.com
A variety of programs and equine services available. See website
www.diversityhorsemanship.com

The Interlake Thunder Football Program
Mitch Obach
president@interlakethunder.org
Provides male and female athletes (Age 7-17) in the Interlake region with the opportunity to play tackle football. The club competes annually in the Manitoba Minor Football Association and the Midget Football League of Manitoba. In 2015 the Thunder intend to field teams in the Manitoba Girls Football Association. Teams practice and play home games in both Stonewall and Selkirk, Manitoba. www.thunderfootball.org or email development@thunder.org.

PETS

MUSIC, SPORTS & REC

Balmoral Baseball Club
Jason Dodd..... 204-461-1665
The Balmoral Baseball Club offers recreational t-ball, baseball and softball to anyone 5 years or older. Home games and practices are held at the Balmoral Rec. Center March through June.

Stony Mountain Minor Ball
Clint 204-290-6311

PETS

Sundog
FOR DOGS & CATS
BOARDING KENNELS

- New facility
- X-Large kennel space
- 2.5 acre fenced exercise area & individual runs
- All breeds of dogs and cats welcome

www.sundogboardingkennels.com

204-404-7690
Argyle, MB

MUSIC, SPORTS & REC

South Interlake Phillies
Curtis Fines 204-782-2794
The South Interlake Phillies is a competitive softball team, open to girls in four different age categories, based on tryouts. Winter program available. Teams participate In the Manitoba Ladies Super Softball League.

Stonewall Blue Jays
Adam Kirk 204-461-0593
The Stonewall Blue Jays is a competitive hardball team, open to men based on tryouts. Home games are played at Stonewall Quarry Park evenings and weekends April through August.

Stonewall Minor Baseball
Darrell .....dg1grantham@gmail.com
www.stonewallminorball.ca
Stonewall Minor Baseball offers recreational baseball and softball to boys and girls who are in Kindergarten or older. Home games and practices are held at various diamonds throughout Stonewall weekday evenings during May and June.

PETS

Greenhaven Pet Grooming
79051 Rd 4E, Stonewall

APAWTHECARY
Hemp Oil Drops for Pain & Anxiety

Groomers
Carol Yule
204-461-2217
Barb Kozar
204-467-8594

Large or small we groom them all. Canines & felines welcome.

MUSIC, SPORTS & REC

Grosse Isle Minor Baseball
Monica Baldwin..... 204-322-5240

Woodlands Rec Committeee & Minor Baseball
Alana Fehr 204-383-5273
E-mail woodlandsminorball@outlook.com

Warren Minor Baseball
Crystal deLaroque..... 204-461-0776

MUSIC, SPORTS & REC

Bowling Leagues
Quarry Lanes 204-467-8218
quarrylanes@outlook.com
The Kids, Adult and Senior Bowling Leagues offer recreational bowling to anyone. Day and evening leagues are available and games are played at Quarry Lanes in Stonewall September through April

Youth Bowling Council (YBC)
Quarry Lanes 204-467-8218
The Youth Bowling Council offers youth aged 3 to 18 an opportunity to bowl in a recreational league.

PHARMACY

STONEWALL PHARMACY

I·D·A

204-467-8385

• Prescriptions
• Toys • Cards • Giftware
• Jewellery • Cosmetics
• Digital Photo Processing
• Lottery • Cellphone Accessories

WESTSIDE PLAZA, STONEWALL

Mon.-Fri. 9am-9pm • Sat. 9am-6pm
Sun. 12pm-5pm
Open Holiday Mondays 12-5

FREE Prescription Delivery for Seniors

Hallmark

• Cards • Paper • Albums
• Shower Gifts • Wedding Gifts
• Decorations • Lug • Willow Tree...
and much more!

WESTSIDE PLAZA, STONEWALL

Mon.-Fri. 9am-9pm • Sat. 9am-6pm
Sun. 12pm-5pm

204-467-8113

MUSIC, SPORTS & REC

Argyle Curling Club
Colin and Pam Crockatt 204-461-1630
The Argyle Curling Club offers recreational curling including leagues for ladies, men's, juniors and mixed as well as open mixed on Thursday mornings and Stony Mountain Seniors on Wednesday mornings.

Balmoral Curling Club
Neil Stewart..... 204-467-8981
The Balmoral Curling Club offers recreational curling including men's, women's', youth, mixed, youth (grade 3-5) and junior.

MUSIC, SPORTS & REC

Marquette Curling Club
Calvin Janke 204-461-1160
Email: c.janke@marquettecoop.ca

Stonewall Curling Club
Stu Brown (President) 204-223-8468
Info@stonewallcurling.com
www.stonewallcurlingclub.com
The Stonewall Curling Club offers recreational curling to anyone 8 years or older. Teams play at the Stonewall Curling Club, October through March. Instruction and clinics are also available.

Rockwood-Stonewall Recreation Committee
Laine 204-461-3163

Rosser Woodlands Recreation Commission
Kelly 204-513-0928

Stony Mountain Community Association
Marcia 204-470-4326

PHARMACY

- Blister packaging and medication crushing.
- Immunizations
- Certified compression stocking fitter & supplier
- FREE Prescription delivery to Stonewall and surrounding communities.

Locally owned & operated by
Kyla Corbett, Bryn Lindsay & Teryl Moore

QUARRY RIDGE
PHARMACY

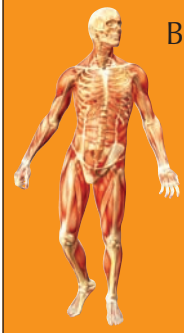
469 1st Street West, Stonewall
204-467-7333

Open Mon-Fri 9-6:30 & Sat 9-5

PHYSIOTHERAPY

Woodlands Physiotherapy Services

Treatment for Muscle-Joint Pain



Back and neck pain
Sports Injuries
Arthritis
Post surgery
Fibromyalgia;
Headaches
Orthotics;
Acupuncture

Direct Billing to MPIC, WCB & Blue Cross
Open Tues & Thurs - Home Appts Available

78 Porteous Ave. Woodlands
204-383-5465

Activate Your Life

We'll help you get up & go for it!

Keeping the Interlake in Motion

• Physiotherapy • Massage Therapy
• Orthotics • Acupuncture • Athletic Therapy
• Low-Intensity Laser Therapy
• Nursing Foot Care • Chiropractic

We specialize in the treatment of motor vehicle, work and sport injuries, plus everyday aches and pains.

Make an appointment today, and get back to doing what you love.

QUARRY PHYSIOTHERAPY
AN *inMotion* CLINIC

Direct billing to most insurances.
No referral necessary.

Call 204-467-9101

inmotionnetwork.ca

MUSIC, SPORTS & REC

Warren Curling Club
204-322-5620
Vern 204-803-3305
The Warren Curling Club offers recreational curling including ladies, mixed, men's, junior and stick teams. Games are played at the curling club October through March.

Argyle Floor Shuffleboard Club
Jean Campbell 204-886-2495
The Argyle Floor Shuffleboard Club plays May through October at the curling rink in Argyle.

MUSIC, SPORTS & REC

Balmoral Rec Hockey
recbalmoralrechockey@gmail.com
Balmoral Rec Hockey is every Monday, Thursday and Friday night at the Rec Centre. Open to boys and girls ages 5 – 16.

Interlake Lightning AAA Hockey Program
Darren Bond..... 204-886-7021
www.interlakeminorhockey.ca
The Interlake Lightning organization operates 6 regional AA and AAA hockey teams in both the bantam and midget age categories for males and females in the Interlake.

Interlake Ringette Association
tesia@owlplace.com 204-485-2715
www.interlakeringette.com

Stonewall Jets Hockey Team
Dale McClintock 204-791-7675
www.stonewalljets.net
The Stonewall Jets is open to players 21 years and under based on tryouts and play in the Manitoba Major Junior Hockey League. Home games are normally played on Friday, Saturday and Sunday evenings. September through March.

PLUMBING

Ritchie & Perron
PLUMBING + HEATING LTD.
Red Seal Certified
Certified Gas Fitter
Residential/Commercial
ritchie_perron@live.ca
Stonewall, MB
Ryan 204-230-4674 Trevor 204-232-6263

PRINTING

Interlake Graphics
For all your printing and publishing needs
Call 204-467-5836 or email
igraphic@mts.net

PLUMBING

PATTERSON MECHANICAL LTD.
PLUMBING
Commercial & Residential • New Installation & Service
Plumbing & In-Floor Heating • Water Softener Installations
Water Filtration/Reverse Osmosis
RILEY PATTERSON - Journeyman Plumber
Cell 204-461-0035

MUSIC, SPORTS & REC

Stonewall Minor Hockey/Ringette
Scott Myers..... 204-467-8155
scott.myers@smhra.ca
Registration for teams in the Stonewall Minor Hockey Association is in September. Home games and practices are held at the Stonewall arenas October through March

Stony Mountain Minor Hockey
ddeprez@genequip.com
www.smmh.ca

Warren Mercs Hockey Team
Scott Corbett..... 204-467-8609

Warren Minor Hockey Association
Scott Corbett..... 204-391-1940
corbett.s@outlook.com
www.warrenarena.com

MUSIC, SPORTS & REC

Stonewall /Balmoral/Warren Powerskating
Lana Meier 204-467-8692
Powerskating teaches skaters how to change direction quickly, maneuver easily and sustain energy during the game.

REAL ESTATE

Helping you is what I do…
connecting people with the right properties

ROYAL LEPAGE
Dynamic Real Estate
INDEPENDENTLY OWNED AND OPERATED

Cell # 204-461-3258
Office # 204-989-5000
nancydilts@royallepage.ca

REAL ESTATE

RECREATION

STONY MOUNTAIN SKI AREA

Celebrating 30 years for the Dewar Family!

- Ski & Snowboard Lessons
- Terrain Park
- Great Food!

Cool Since 1967

- Located 10 min. north of Winnipeg on Hwy. 17
- Ski & Snowboard Rentals
- Snowmaking
- Runs Groomed Daily
- Night Skiing / Riding

Manitoba's Snowboarding Capital

Our Snowpros will teach you how to ride!

204-344-5977

www.skistony.com

MUSIC, SPORTS & REC

Balmoral Rec Centre..... 204-467-2620
Mark..... 204-467-2665
Hourly, seasonally, individual and family passes available. The Balmoral Skating Club offers open public skating for all ages Saturday afternoon and a public stick skate Sunday afternoons November through March.

The Warren Skating Club-Powerskating
Tara Lee 204-383-5262
www.warrenarena.com

RECREATION

STRIKE UP THE FUN!

PARTY PACKAGES - Birthdays, Holidays, Office
LEAGUES - Seniors, Mixed Seniors, Ladies Seniors, Mixed

GLOW BOWLING & BUMPER BOWLING

Youth League starting in September

QUARRY BOWLING LANES

Check our Facebook page or hours posted at the alley for spring / summer hours

369 1st St. East, Stonewall 204-467-8218 email quarrylanes@outlook.com

RECREATION

Oke Doke's DRIVING RANGE

on Hwy 236, 12 km north of Hwy 6 & perimeter, 2 km south of Stonewall

204-467-2361

www.okedokesgolf.com ~ dauk@mts.net

Open 8 am to Dusk

7 Days A Week

Group Rates

Small Bucket $6

Large Bucket $10

MUSIC, SPORTS & REC

Stonewall Skating Club
stonewallskatingclub@gmail.com
The Stonewall Skating Club offers Canskate and Starskate programs. Monday 4-6pm, Thursday 4-7pm and Friday 6:30-8:30am

Stony Mountain Skating Club
stonymountainskatingclub@gmail.com
The Stony Mountain Skating Club offers recreational skating instruction at various levels to anyone 4 years or older. Lessons are held at the Stony Mountain Rec Centre, weekday afternoons and evenings, October through March.

RECYCLING

INTERLAKE SALVAGE & RECYCLING INC.

Strong buyers of:

- Copper
- Brass
- Aluminum & Cans
- Stainless Steel
- Batteries
- Lead
- Radiators
- Catalytic Converters
- Yard Scrap
- Farm Scrap
- All Household Metals

Competitive Pricing
Come visit or call us today!

204-467-9344
www.interlakesalvage.ca

RESTAURANTS

Red Star
Chinese Cuisine

Dine In • Take Out
Delivery • Catering

204-467-8221

322 Main St. Stonewall
www.redstarchinese.ca

RESTAURANTS

Something Beautiful
A Division of Community Living Interlake
307 Main St., Stonewall **204-467-9620**

• Fresh baked goods
• Lattes, cappuccino, espresso
• Licensed • Games
• Pizza, sandwiches, salads & more
• Ice cream • Room rentals

MUSIC, SPORTS & REC

Northern Lites Snowmobile Club
The club grooms & maintains 184 kilometers of trail. They have three warm up shacks in different areas of the trail. www.northernlitesmb.com

MUSIC, SPORTS & REC

South Interlake Sno Riders
Joe or Nadine 204-467-2985
George 204-467-7194
www.southinterlakesnoriders.com
The South Interlake Sno Riders Snowmobile Club is responsible for the grooming and maintenance of the South Interlake snowmobile trails. The club organizes family rides, a yearly poker derby as well as a yearly social to raise funds for the club. New members are always welcome.

Stonewall Youth Soccer Association
stonewallsoccer@mymts.net
www.stonewallyouthsoccer.com
Stonewall Soccer is an outdoor recreational league open to boys and girls ages 3 to 17. Ages 3 - 8 years old play on Monday and Wednesdays in Stonewall. Ages 9 and up practice in Stonewall and play games in Stonewall and Winnipeg.

Highway 6 Youth Soccer – (Warren)
Karen Tristram 204-227-9738

RESTAURANTS

PIZZA DEN
Restaurant & Lounge
More than just great pizza!
CELEBRATING 30 YEARS
DINE IN · TAKE OUT · DELIVERY · CATERING
FAMILY RESTAURANT & SPORTS LOUNGE
OPEN 7 DAYS A WEEK
WWW.PIZZADEN.CA
HWY. 67, STONEWALL · 204-467-2236

RESTAURANTS

The Kiln DRIVE-IN
HOMEMADE BURGERS AND FRIES
SOFT AND HARD ICE CREAM
227 2nd Ave. N STONEWALL
204-467-9125

RESTAURANTS

Accommodations
Restaurant
Beverage Room
Vendor • VLT's
Le Petite Cafe
Fresh Homemade Food
Daily specials
Buffet & Brunch
Small groups & parties welcome
ROCKWOOD MOTOR INN
390 Main St., Stonewall
204-467-2354

MUSIC, SPORTS & REC

Stonewall United Soccer Club
Jason Ferris .....jasonferris@hotmail.ca
Stonewall United Soccer Club is a mens team that plays in the Manitoba Major Soccer League. Season runs from end of April to September. games are played at VMSC and in Winnipeg.

Stony Mountain Mini Soccer
Chantel..... 204-232-3258

RESTAURANTS

Sing Fei Restaurant
Lunch & Dinner Buffet Available
Westside Plaza, Stonewall
Phone 204-467-5321
HOURS: **Mon.** CLOSED · **Tues. - Fri.** 9:30 AM - 8 PM
Sat. & Sun. 10:30 AM - 8 PM

RESTAURANTS

Catering to your Cravings...
Cravings
FAMILY DINING ON 67
Burgers
Wraps
Soup
Salads
266 4th St. E, Stonewall
204-467-9078

RESTAURANTS

~ OPEN 7 DAYS a WEEK ~
DINE IN • TAKE OUT • CATERING AVAILABLE
SUBWAY
493 4TH ST. EAST, STONEWALL
204-467-7148

ROOFING

Roof Express Ltd.
Complete Roofing Services
Licensed & Insured • Argyle, MB
Residential • Agricultural
204-774-2030 www.roofexpress.ca

STORAGE FACILITY

northmountain STORAGE

SECURE INDOOR STORAGE AND OUTDOOR RV STORAGE

www.northmountainstorage.com
northmountainstorage@outlook.com

204-782-0807

Located in Stony Mountain, MB

MUSIC, SPORTS & REC

Chicos School of Soccer Excellence
Victor Andrade ..204-467-7715 204-997-9017
www.chicosoccerschool.ca
Email cssesoccer@hotmail.com

SWIMMING LESSONS

Stonewall Quarry Park 204-467-7980

Rubber Ducky Resort & Campground 204-461-4040

STORAGE FACILITY

Accessible. Convenient.
Stonewall Storage is the right choice for you!

Stonewall Storage

Our Location

24/7 Access
MULTIPLE SIZES AVAILABLE
PERFECT FOR ALL OF YOUR RESIDENTIAL AND COMMERCIAL STORAGE NEEDS

44 Paterson Drive Stonewall 204-467-5295
www.stonewallstorage.ca

SIGNS

Doctor DECAL

drdecal@mymts.net
www.doctordecal.ca

DOCTOR DECAL
SIGNS - GRAPHICS - ENGRAVING

204-467-9405
330 MAIN STREET, STONEWALL, MB.

SIGNS ALL TYPES AWNINGS POSTERS
DIGITAL MEDIA PRINTING BANNERS
READER BOARDS LED DISPLAYS
DECAL STICKERS MAGNETICS
ALL MOTORIZED VEHICLES GRAPHICS & WRAPS
PERSONALIZED CLOTHING HATS BAGS
BRING YOUR OWN WE DO THE REST

LASER ENGRAVING ROUTER SIGNS
AWARDS MEDALS PLAQUES
TROPHIES LAMACOIDS
NAME PLATES NAME TAGS
PERSONALIZED GIFTS
WEDDINGS BIRTHDAYS GRAD
ANNIVERSARIES SEASONAL GIFTS
EMPLOYEE RECOGNITION
PROMO ITEMS CERAMIC TILES

YOUTH PROGRAMS

Argyle 4-H Beef Club
Bryan Fossay 204-795-0961
bryan@fossayherefords.ca
The Argyle Beef 4-H Club offers boys and girls aged 8 to 19, various individual projects involving "Steers" and "Hefers". The group meets at various times throughout the week November through June.

Quarry Ridge Pony Club
Karen ..... 204-861-0191 or 204-886-3209
We strive to provide the opportunity for every person age 6 - 25 years to have a positive experience with horses by providing educational opportunities, learned responsibility, sportsmanship and citizenship and to develop positive relationships with the animals. Pleasure and competitive riding. We meet weekly in Stonewall/Teulon area.

Royal Canadian Air Cadets
Captain Christopher Babcock 204-515-7418
Youth Ages 12-18 meet every Thursday from 6:30-9:30pm, Sept. - June at the Legion Hall, Stonewall.

YOUTH PROGRAMS

Balmoral 4-H Club
Teresa Melnychuk 204-467-9752
Jennifer Greigson..... 204-467-8393
The Balmoral 4-H Club offers various group and individual projects from sewing and cooking to woodwork and photography to help develop communication skills and self-esteem. The group is open to boys and girls aged 8 – 19 and meet at various times throughout the week September through April.

Stonewall Girl Guides
Wendy Pilcher rwpilcher@mymts.net
Girl Guides of Canada 1-800-565-8111
Girls and young women, 5 years and older are encouraged through a varied program of camping creative and outdoor activities, community service and friendship to become responsible citizens.

Scouts Canada
Angie 204-467-9167
Stonewall Scouting provides a youth program for children ages 5-18 which is divided into four groups Beavers ages 5-8, Cubs ages 8-11, Scouts ages 11-14 and Venurers age 14-18. Meetings are held weekday evenings at the Scout Hall.

TUTORING

BIG FAT BRAINS
Need a tutor?
Big Fat Brains provides private tutoring services to students in the Stonewall and surrounding areas.
• Assessments and consultations with a certified teacher, 1:1 in your home
• Course specific, test prep and study skills
• All ages, grades and subjects
Call/Text Angela 204-513-5139 bigfatbrains@shaw.ca

UPHOLSTERY

ROCKWOOD UPHOLSTERY
COMMERCIAL/RESIDENTIAL
• Frame Repair • Foam Replacement
• Custom Upholstery

204 894 2944
Stonewall
rockwoodupholstery@gmail.com

VETERINARY CLINIC

Equi-Tech Veterinary
Mixed-animal Veterinary Hospital
New Location:
8155E Road 79N, Stonewall, MB
(204)-467-2083
Drs. Luc and Neil Versavel and Dr. Valerie Millette
New clients welcome

VETERINARY CLINIC

STONEWALL
Veterinary
HOSPITAL

Locally owned by Dr. A. Brown
Your Pet's BEST Life

We offer Integrative Veterinary Care for your Pet

- Western Medicine and Traditional Chinese Veterinary Medicine
- Acupuncture, Western & Eastern Veterinary Remedies and Products
- Nutrition consultation for each life stage or your pet
- Annual wellness examinations and personalized vaccine protocol - Titer Testing available
- Surgery: spay, neuter, soft tissue, orthopedic, and more
- On-site diagnostics: bloodwork, urinalysis, x-ray, ultrasound
- Dental Procedures: Cleaning, x-rays and oral surgery

OPEN 6 DAYS A WEEK

4 Dolomite Ave., Stonewall, MB R0C 3E0
stonevet@mymts.net
www.stonewallvetclinic.com
204-467-2481

YOUTH PROGRAMS

Stonewall Youth Drop-In Centre
.....204-467-4774 www.yfcstonewall.com
stonewalldropin@gmail.com
The Stonewall Youth Drop-In primarily serves students with times of fun, learning, adventure, and serving others. It runs a variety of after school and evening programs through the year and features day camps during the summer. Also available for your rental, family event, training or team building activity. If features games, espresso machine, large screen, and more!

WEDDING SUPPLIES

Wedding & Special Occasion Flowers
Silk & Fresh

Blue Eyed Floral & Design
77N & Meridian Rd, Warren 204-995-8423

VETERINARY CLINIC

A King's Comfort 204-461-4216
A-1 Renovating Ltd. 204-467-5304
A & E Masonry 204-467-1909
Abas Auto 204-633-8888
Abas Esso 204-694-9099
ACE Wilderness Guiding Services 204-383-5628
ACL Interlake 204-467-8419
Accutron Electronics 204-467-2134
Action Eyecare Inc. 204-467-9795
Addison Supply 204-467-2578
Admiraal Auto Service 204-467-7512
See ad on page 15
Adrenaline Fitness 204-202-1783
See ad on page 25
Advance Exteriors 204-461-0019
Ag Advantage 204-322-5351
A & G Distributors 204-222-5643
See ad on page 40
Air to Ground Drilling 204-467-8617
Allene's Professional Skincare 204-467-5911
See ad on page 17
All-Fab Building Components 204-344-5404
All-Net.ca 204-467-2022
Alro Farms Ltd. 204-467-9071
Ambassador Funeral Associates 204-467-9887
Anderson ML Farms Ltd. Customer Grain Hauling 204-981-2197
Appy Place 204-467-9890
Argyle General Store 204-467-8591
ArmCon 204-467-2797
Arris Centre 204-467-8419
Atchie Autobody Inc. 204-322-5544
Audrey Schumann-Royal le Page Dynamic
See ad on page 67 ***204-792-8400***
Austin Powder Ltd. 204-467-7493
B & B Dueck Transport Services 204-322-5575
B & R Extreme Shine 204-467-7029
Back 2 Health Chiropractic Health & Wellness Centre 204-467-2222
See ad on page 18
Back to Black 204-461-3826
Backcountry Fitness & Conditioning
See ad on page 27 ***204-899-8660***
Badger Daylighting 204-467-1877
Bait Boyz n Tackle 204-461-0490
Baldwin Cabinets 204-461-0968
Balfour Electric 204-467-5319
Balmoral General Store 204-467-2659
Balmoral HVAC 204-513-0344
Balmoral Hall 204-467-2620
Balmoral Rec Centre 204-467-2620
Basics of Your Day Store 204-322-5587
Bel Acres Golf & CC 204-632-8337
Bell MTS 204-467-2550
Bernadette Cooke Reflexology & Reconnective Healing 204-467-5906
Beyond Bread 204-467-9756
See ad on page 17
Biff's Septic & Portable Toilet Service Inc. 204-467-8780
Big Block Auto & Farm Ltd. 204-467-8384
Big Fat Brains 204-513-5139
See ad on page 59
Blue Eyed Floral & Design 204-995-8423
See ad on page 60
Boonstra Farms 204-467-8480
See ad on page 13
Border Chemical 204-322-5167
Borland Construction Inc. 204-467-9049
Brake Family Auto Sales and Service Ltd.
See ad on page 14 ***204-467-9156***
Bristol Aerospace Limited Rockwood Propellant Plant 204-344-5545
Brook Recognition 204-383-5776
Bruder Built Manufacturing 204-322-5279
Buchanan Sales 204-467-5477
CCL Woodlands Ltd. 204-383-5545
Caitlin Pescitelli Massage Therapy 204-930-7924
Cali Cleaning and Restoration 204-467-2515
Candle Corner, The 204-782-1129
See ad on page 18
Carrington Dental Centre 204-467-2746
See ad on page 19
Caisse Populaire D'Elie 204-375-6646
CarStar Collision & Glass 204-467-4329
See ad on page 16
Cavell & Cavell 204-467-7746
Central Plains Meats 204-467-9399
Century Farm Country Market
See ad on page 43 204-797-0681
Chad Sheppard Chartered Accountant Inc. 204-467-7142
Chantelle Dione Photography 204-461-0532
Chen's Chinese Food 204-467-7444
Cherish Massage Therapy 204-930-2240
Chicken Chef 204-467-9042
Chihuahua Chic 204-383-5331
CIBC 204-467-5551
Colour Splash 204-461-0160

Comco Pipe
& Supply Company 204-467-8797
Commercial Comfort ***204-461-4328***
See ad on page 7, 9, 11
Community Futures East Interlake
204-378-5106
Cool Signs & Graphics 204-461-0404
Cooperators, The ***204-467-8927***
See ad on page 68
Country Carpenter 204-383-5857
Country Towing 204-990-4718
Cravings Restaurant ***204-467-9078***
See ad on page 57
Creative Color by Provincial Floorcraft
204-467-9193
Securities Inc. 204-467-2153
Crop Production Service 204-467-8026
Crystal Clear Travel 204-461-0367
Curl Up & Dye 204-461-1089
D&M Welding Ltd. 204-467-1960
DMC Diesel ***204-918-7294***
See ad on page 14
Danny's Barbeque
& Smokehouse ***204-344-5675***
See ad on page 44
Davdar Industries Ltd. 204-467-7763
Dazzling Dawg
Grooming Salon, The 204-344-5662
Deals for Dollars 204-467-8259
Deb's Hair Design 204-467-7453
Doctor Decal ***204-467-9405***
See ad on page 58
Doctors Vision Centre ***204-467-8044***
See ad on page 46
Doggone Amazing Pet Grooming
204-467-9635
Doing Time Pet Spa 204-344-6054
Don's Mechanical Inc. ***204-467-2642***
See ad on page 2
Dr. Victoria Baldwin-Naturopath
See ad on page 38 ***204-467-5905***
Dry Creek Saddlery 204-375-6768
Duck's Unlimited Canada 204-467-3000
Dunsmore Heating 204-467-5518
Dura Dome Inc. 204-292-8175
E S D Enterprises 204-322-5498
Egan Construction Ltd. 204-344-5630
Eildon Enterprises 204-461-1174
Electro Wright
Contracting Inc. ***204-467-7483***
See ad on page 20

EPR Stonewall 204-467-5566
Elemental Artisans ***204-880-9185***
See ad on page 42
Elizabeth Simonson-Marriage Commissioner
See ad on page 43 ***204-383-5691***
Equi-Tech Veterinary ***204-467-2083***
See ad on page 59
Erika's Fitness Club 204-294-8620
4L Communications- Telus 204-467-2350
F3 Designs 204-795-9199
Family Foods ***204-467-5553***
See ad on page 32
Farm Life Best Life 204-795-9199
Fehr Welding 204-383-5943
Firewood Manitoba ***204-453-7788***
See ad on page 28
Flicks Cinema 204-467-8401
Fossay Herefords 204-795-0961
Franchise Sports Image 204-793-4026
Fullhouse Movers ***204-467-2419***
See ad on page 45
G&A Rentals ***204-467-7368***
See ad on page 21
GDS Paving 204-461-0493
Gendarmerie Royale
Du Canada RCMP 204-467-5015
Good Used Stuff Store 204-383-5858
Gould Manufacturing 204-344-5000
Grandmont Antiques ***204-383-5382***
See ad on page 14
Grandmont Designs 204-461-0113
Grande Bazaar, The ***204-467-7030***
See ad on page 31
Grantham Law Offices ***204-467-5527***
See ad on page 43
Grayson Excavating Ltd. 204-467-9702
Greenhaven Pet Grooming ***204-461-2217***
See ad on page 48
Greenwood Veterinary
Hospital 204-467-5768
Grosse Isle Heritage Site ***204-799-7555***
See ad on page 12
Grosse Isle Rec Centre ***204-461-2173***
See ad on page 36
Guiding Light Services ***204-461-2130***
See ad on page 39
H6 Construction
H&R Block 204-467-2877
Hair by Sher 204-461-2199
Hala Kahiki Studio
& Custom Framing 204-861-0034

Hallmark ***204-467-8113***
See ad on page 49
Hallow Automotive 204-383-5019
Harry's Automatic Transmission 204-467-9095
Home Hardware ***204-467-5589***
See ad on page 37
Hitch 'n Post Country BBQ 204-467-2544
Home Pride Renovation 204-513-0041
Inland Aggregates 204-467-8762
Interlake Community Foundation 204-467-5634
Interlake Eavestroughing & Siding 204-781-0533
Interlake Food Bank 204-467-9118
Interlake Graphics ***204-467-5836***
See ad on page 52
Interlake Insulators ***204-461-4669***
See ad on page 42
Interlake Kneads Massage Therapy 204-461-1918
Interlake Publishing 204-467-2421
Interlake Salvage & Recycling Inc. ***204-467-9344***
See ad on page 55
Interlake Sports 204-467-5360
Interlake Tourism 204-322-5378
Inview Insurance ***204-467-8927***
See ad on page 42 & 68
Isagenix 204-467-1872
ITB Manufacturing 204-344-5175
Jasperson's Greenhouse & Landscapes
See ad on page 34 ***204-467-2081***
J.B.'s Small Engine Repair 204-467-2772
KC Swanson Promotions & Marketing 204-299-4173
James Bezan ***204-785-6151***
See ad on page 6
JR Cleaning 204-679-4082
Janet's Reflexology ***204-461-3050***
See ad on page 39
Jeffery's Environmental Services Inc. 204-322-5405
John Eichel Trucking Ltd. 204-467-9365
Jones Seed Farm 204-322-5604
Jordan's Music 204-294-8620
Juice Plus+ ***204-886-8785***
See ad on page 39
K. Byle Skid Steer 204-344-5041
K-Indu Ltd. 204-467-2406
Ken Loehmer Funeral Services 204-886-0404

Keyboard Ventures Music School
See ad on page 45 ***204-467-7388***
Keystone Patios 204-322-5332
Kiln Drive-In, The ***204-467-9125***
See ad on page 56
King's Septic & Portable Toilet Service Inc. 204-467-9010
Knapper's Mechanical 204-467-2037
Korner Kuts Day Spa Salon 204-467-5222
Kroll Painting & Renovations 204-791-0553
LJ's Grill 204-322-5458
Lakeland Northstar 204-467-4470
Laser Jungle 204-467-7529
Laser First Aid 204-990-1448
Laura Woodman-iA Securities ***204-806-8388***
See ad on page 23
Liam Wheddon-Royal le Page Dynamic
See ad on page 67 ***204-513-1011***
Lillies Locks 204-322-5000
Lindell Development Inc. 204-322-5672
Lyle's Electronics 204-467-8663
Longhorn Roofing 204-383-5597
Lumberzone 204-467-5571
Lyle Dew Construction 204-383-5178
M. Jones Carpentry & Construction 204-461-2538
M & M Greenhouses 204-383-5104
MacKenzie Funeral Service 204-467-2525
Made-Rite Construction 204-470-3224
Manitoba Liquor Mart 204-467-9571
Mariash Quarry 204-344-5115
Marquette Coop ***204-375-6570***
See ad on page 30
Mauthe Homes 204-467-1807
Maxwell's Professional Painting 204-467-5008
McLeod House Tea Room & Gift Shop 204-467-2303
McLeod Mechanical Services 204-513-1154
McSherry Auction Service 204-467-1858
Meadowcrafts 204-322-5563
Meadows Community Club 204-322-5329
Meridian Trail General Store 204-467-8661
Message of Massage 204-467-9121
Miami Beach Campground 204-383-5664
MicroPilot 204-344-5558
Mid-Can Door Manufacturing Inc ***204-222-5643***
See ad on page 40

Midway Homes 204-383-5768
MityBilt Products Inc. 204-467-5790
More-Lite Electric Ltd. 204-344-5477
Mountain Do or Dye 204-344-5446
Mountain Motor Inn 204-344-5511
Mulder Construction & Materials Ltd. 204-467-2862
Mulder Limestone Products 204-467-8834
Murray's Painting & Décorating 204-467-5242
Murray's Maze 204-467-8480
NW Riley Transport Inc. 204-295-1751
Nancy Dilts-Royal le Page Dynamic
See ad on page 53 ***204-461-3258***
New Advantage Foods Ltd. 204-467-2754
Norseman Mechanical 204-470-9526
No Frost Venting ***204-792-6604***
See ad on page 40
North American Rail Products 204-467-8828
North Country Electric 204-467-5952
North Mountain Storage ***204-782-0807***
See ad on page 58
North Warren Inn 204-322-5318
Northern Terrain ***204-467-9026***
See ad on page 22
Northstar Enterprises 204-383-5744
OTT Party in a Box 204-390-2267
Oak Hammock Marsh 204-467-3300
Odd Fellows Hall ***204-467-5556***
See ad on page 36
Oke Doke's Driving Range ***204-467-2361***
See ad on page 54
Olde Cramb Farm 204-467-2850
ONE Insurance Stonewall ***204-467-4500***
See ad on page 41
ONE Insurance Warren 204-322-5192
OneFocus 204-467-9993
One Link Mortgage & Financial ***204-479-6064***
See ad on page 45
Oracheski Financial ***204-467-8490***
See ad on page 42
Oughton Eavestroughing 204-467-5688
PH Electric 204-322-5221
Painted Daisy Art Glass 204-479-0839
Park Providence Condos 204-467-5787
Patterson Mechanical Ltd. ***204-461-0035***
See ad on page 52
Patterson's Sewage Ltd. 204-467-8249
Pentagon Rolling Shutters 204-467-8274
Perimeter Drilling Ltd. 204-632-6426
Phoenix Air Spray Ltd. 204-794-6811
Photographic Artworks 204-467-5090
Pick 'N Pay 204-344-5328
Piston Ring 204-467-2466
Pizza Den Restaurant & Lounge
See ad on page 56 ***204-467-2236***
Pizza Hotline 204-785-2222
Porteous Plumbing 204-383-5827
Prairie Chic 204-467-9064
Prairie Earthworks Ltd. 204-461-0815
Prairie Truss 204-467-9597
Prairie Zen ***204-467-5905***
See ad on page 38
Pressure Pro Water Well Systems 204-461-1162
Prime Meridian Trail Store 204-467-8661
Pro Pumper Septic & Industrial 204-467-9990
Puratone Boar Station 204-344-6012
Pure Electric ***204-791-8073***
See ad on page 20
Purple Berry Orchard, The ***204-461-2623***
See ad on page 17
Quarry Bowling Lanes ***204-467-8218***
See ad on page 54
Quarry Furnishings ***204-467-7283***
See ad on page 40
Quarry Grain Commodities 204-467-8877
Quarry K9 Day Camp & Resort 204-467-8878
Quarry Park Heritage Arts Centre
See ad on page 13 204-467-7980
Quarry Pets ***204-467-5924***
See ad on page 47
Quarry Physiotherapy- An inMotion Clinic
See ad on page 51 204-467-9101
Quarry Ridge Pharmacy ***204-467-7333***
See ad on page 50
Quarry Stonewall Dental Centre
See ad on page 19 204-467-2177
Quarry View Esso ***204-467-9454***
See ad on page 30
Ralph Eicher ***204-467-9482***
See ad on page 6
R & B Diesel 204-383-5294
RBC Royal Bank 204-467-5544
R & R Mechanical 204-461-1733
Rawson Trucking 204-383-5614
R&R Woodwork 204-467-8454
Red Apple 204-467-2920
Red River Cooperatives Ltd. 204-467-5846

Red River Cooperatives Stonewall Grocery 204-467-8469
Red Star Chinese Cuisine 204-467-8221
See ad on page 55
Re/Max The McKillop Team 204-467-8000
See ad on page 53
Reflexology by Janice Doan 204-467-8474
Rexall Pharmacy 204-467-8137
Richman Electric Ltd. 204-467-2933
Ridgeway Insurance Agency Inc 204-467-2672
Rise Above Renos 204-461-1080
Rita's Salon 204-513-1288
Ritchie & Perron Plumbing & Heating Ltd.
See ad on page 52 204-230-4674
Ritz Interiors 204-467-2903
See ad on page 29
Rockwood, RM 204-467-2272
See ad on page 4
Rockwood Apiaries 204-467-8703
Rockwood Landscaping & Tree Service
See ad on page 35 204-467-7646
Rockwood Motor Inn
See ad on page 56 204-467-2354
Rockwood Redi-Mix 204-467-2445
Rockwood Railing 204-467-7366
Rockwood Renovations & Carpentry Ltd. 204-467-7366
Rockwood Upholstery 204-894-2944
See ad on page 59
Rockwood-Victoria Co-op Ltd. 204-467-8009
Roof Express 204-774-2030
See ad on page 57
Rosser Central Community Club 204-479-6476
Royal Canadian Legion-Stonewall
See ad on page 37 204-467-2261
Royal Le Page Dynamic Real Estate
Audrey Schumann 204-792-8400
See ad on page 67
Royal Le Page Dynamic Real Estate
Liam Wheddon 204-513-1011
See ad on page 67
Royal Le Page Dynamic Real Estate
Nancy Dilts 204-461-3258
See ad on page 53
Royal le Page Prime Real Estate 204-467-5176
Rubber Ducky Resort & Campground 204-322-5286
Rutherford Farms 204-467-5613

S.W. Cameron Ltd. 204-467-2323
Scrapyard Paintball 204-461-0749
Senior Scope 204-467-9000
Shaver & Sons Enterprises 204-467-2605
She's Got the Look 204-461-1248
Sig's Grill 204-467-9056
Sing Fei Restaurant 204-467-5321
See ad on page 57
Six Pines Farm 204-633-3326
Slip-Inn Ceramic Shoppe 204-467-9311
Small Faces Home Construction 204-295-2866
Something Beautiful 204-467-9620
See ad on page 31 & 55
Southside Service 204-467-2378
Spark Fitness & Nutrition 204-513-1000
Standard Cartage & Machine Rentals 204-467-2445
Standard Limestone Quarries 204-467-2445
Stonewall & District Chamber of Commerce 204-467-5836
Stonewall Chiropractic Centre 204-467-5523
See ad on page 18
Stonewall Family Foods 204-467-5553
See ad on page 32
Stonewall Florist 204-467-2470
Stonewall Glass 204-467-8929
See ad on page 32
Stonewall Home Hardware 204-467-5589
See ad on page 37
Stonewall Hair & Tanning Source 204-467-7486
Stonewall Marketplace 204-467-8469
Stonewall Pharmacy 204-467-8385
See ad on page 49
Stonewall Sewing 204-461-0875
Stonewall Saddlery 204-344-5367
Stonewall Storage 204-467-5295
See ad on page 58
Stonewall Teulon Tribune 204-467-5836
See ad on page 46
Stonewall Tire & Auto Repair 204-467-5595
See ad on page 15
Stonewall, Town of 204-467-7979
See ad on page 3 & 4
Stonewall Veterinary Clinic 204-467-2481
See ad on page 60
Stony Mountain Community Centre 204-226-1542

Stony Mountain Restaurant 204-344-5515
Stony Mountain Ski Area ***204-344-5977***
See ad on page 54
Stroke of Colour Painting 204-223-8441
Subway ***204-467-7148***
See ad on page 57
Summit Customs 204-344-6036
Sundog Boarding Kennels ***204-404-7690***
See ad on page 48
Sure Clad Construction 204-467-5109
Sun Life Financial ***204-461-2251***
See ad on page 24
Sunova Credit Union 204-467-5574
Sweet Water Stables 204-383-5334
TD Canada Trust 204-467-7820
TMC Cellular & Satellite 204-467-2014
Taplin Earthworks Inc. ***204-467-5311***
See ad on page 21
Terraco 204-467-8282
The Original Cabinet Shop ***204-227-8013***
See ad on page 17
Tim Horton's 204-467-5052
Total Firestop Systems Ltd. 204-344-5696
Trail's North Grill 204-322-5008
UBT Universal Business Team 204-467-9993
Uncle D's Airbrushing & Design 1-888-624-8986
Unger Seed Farm 204-467-8630
Unrau Realty 204-467-8295
Usana 204-467-5372
Value Construction & Management Ltd. 204-461-2047
Veggy Lady, The 204-467-9064
Viterra 204-467-8026
Visionary Homes 204-461-2237
Walsh Electrical 204-461-4217
Waring Landscape Supply ***204-467-8906***
See ad on page 33

Warren Esso ***204-322-5556***
See ad on page 15
Warren Chiropractic & Health Centre
See ad on page 19 ***204-322-5097***
Warren Food Mart 204-322-5587
Warren Golf & CC 204-322-5335
Warren Hardware(2001) 204-322-5215
Warren Lawn Care 204-461-0891
Warren Memorial Hall 204-322-5485
Warren Stonewall Freight 204-322-5630
Warren Tire 204-322-5347
Warren Wellness Massage Therapy
See ad on page 44 ***204-322-5371***
Watersong Farms Inc. 204-322-5558
Watkins 204-383-5331
Watt's Construction 204-461-1019
Watt's Homes Ltd. 204-461-1357
Westline Sales 204-467-7642
Whispering Oaks Greenhouse ***204-995-8423***
See ad on page 36
Willow Grove Orchard 204-467-8898
Wizer Buildings 204-467-7205
Woodlands HVAC 204-461-1678
Woodlands Auto Sales & Service 204-881-1393
Woodlands Physiotherapy Services
See ad on page 50 ***204- 383-5465***
Woodlands Pioneer Museum 204-322-5671
Woodlands Recreation Centre 204-383-5273
Woodlands Sewage Services 204-383-5614
Woodlands Small Engine Service 204-383-5362
Woodlands Veterinary Clinic
See ad on page 60 ***204-383-5065***
Xtreme Sports Medics 204-583-7474
Yoga by Heather McDermid 204-467-7949
Zumba 204-294-8620

Audrey Schumann

Servicing Stonewall, Stony Mountain, Winnipeg and surrounding areas. Specializing in buying and selling residential and condominium properties.

ROYAL LEPAGE
Dynamic Real Estate
INDEPENDENTLY OWNED AND OPERATED

204-792-8400

RESIDENTIAL • COMMERCIAL • FARM

Liam Wheddon

Helping you is what we do

ROYAL LEPAGE
Dynamic Real Estate
INDEPENDENTLY OWNED AND OPERATED

Stonewall MB

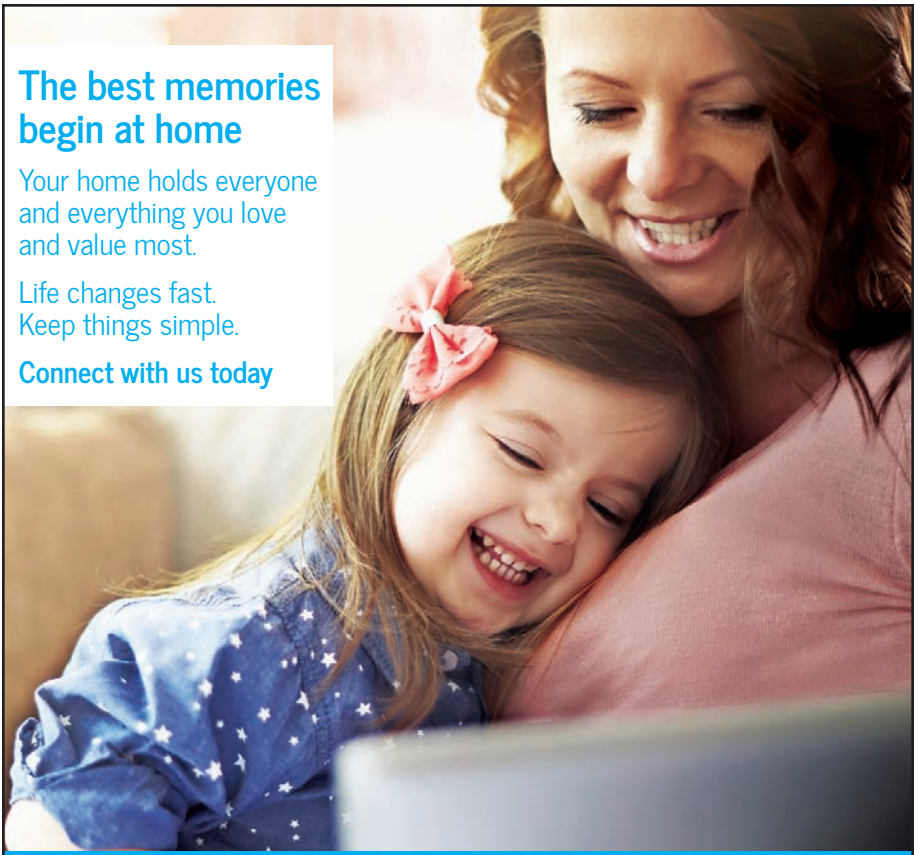
204-513-1011

The best memories begin at home

Your home holds everyone and everything you love and value most.

Life changes fast.
Keep things simple.

Connect with us today



Home Life Investments Group Business Farm Travel

the co-operators®

Tracey Malone
Financial Advisor
Inview Insurance Services
344 Main St | Stonewall
204-467-8927
www.cooperators.ca/Inview-Insurance-Services

The Co-operators® used under license from The Co-operators Group Limited. Not all products available in all provinces.

C&C